

# Steel Bars

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Lisen Persson (SWE)  
音樂: Steel Bars - Michael Bolton



## CROSS, HOLD, SIDE, BEHIND, SIDE, CROSS ROCK, CHASSE

1-2      Cross right over left, hold  
&3-4      Step left to left, cross right behind left, step left to left  
5-6      Cross rock right over left, recover weight to left  
7&8      Step right to right, step left next to right, step right to right

## CROSS, HOLD, TURN ¼ LEFT, STEP, STEP, TOUCH, TOUCH, STEP, ROCK

1-2      Cross left over right, hold  
&3-4      Turn ¼ left and step right back, walk left, right  
5&6      Touch left toe forward, touch left next to right, step left forward  
7-8      Rock right forward, recover weight to left

## STEP, HOLD, TURN ½ LEFT, STEP, TURN ½ LEFT, KICK BALL STEP, TOUCH

1-2      Step right back, hold  
3      Turn ½ left and step left forward  
4-5      Step right forward, pivot ½ left (weight on left)  
6&7      Kick right forward, step right next to left, step left forward  
8      Touch right next to left

**Restart after a small tag here on your 6th wall**

## ROCK, COASTER STEP, ROCK, TURN ¼ LEFT, LONG STEP, DRAG

1-2      Rock right forward, recover weight to left  
3&4      Step right back, step left next to right, step right forward  
5-6      Rock left forward, recover weight to right  
7-8      Turn ¼ left and take a long step to left, drag right next to left

**Restart here during 5th wall**

## STEP, CROSS, SIDE, TURN ¼ LEFT, TOUCH, STEP, TOUCH ¼ LEFT, STEP, TOUCH ¼ RIGHT

&1-2      Step right beside left, cross left over right, step right to side  
3-4      Turn ¼ left and step left back, touch right beside left

**Restart here during your 4th wall**

5-6      Step right slightly forward, on ball of right turn ¼ left and touch left toe forward  
7-8      Turn ¼ right and step left next to right, touch right toe forward

**Restart here during your 2nd wall**

## BESIDE, WALK, WALK, SHUFFLE, STEP, STEP, TURN ½ RIGHT, STEP

&1-2      Step right beside left, walk left, right  
3&4      Step left forward, step right next to left, step left forward  
5      Step right forward  
6-7      Step left forward, pivot ½ right (weight on right)  
8      Step left forward

**REPEAT**

**RESTART**

**On your 2nd wall after 40 counts (facing 12:00 wall) start the dance all over again**

**RESTART**

On your 4th wall after 36 counts (facing 12:00 wall) start the dance all over again

**RESTART**

On your 5th wall after 32 counts (facing 6:00 wall) start the dance all over again

**TAG/RESTART**

On your 6th wall after 24 counts (facing 3:00 wall) hold two counts and then start the dance all over again  
(two counts without music)

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