Steamin' Wild West



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Diana Randall (USA) 音樂: Steam - Ty Herndon



LEFT SYNCOPATED VINE; COASTER STEP; PIVOT

1-2 Left to side; right behind

&3&4 Left to side; right across; left to side; touch right heel forward

Right step back; left next to right; forward on right Left forward; ½ turn to right, shift weight to right

LEFT SYNCOPATED VINE; COASTER STEP; STEP, TOUCH

9-14 Repeat 1-6

15-16 Left forward; touch right next to left

DOUBLE KICKS FORWARD & SIDE; SAILOR SHUFFLES

17-18 Right kick forward, right kick side

19&20 Right sailor shuffle (right behind left; left side rock; right in place)

21-22 Left kick forward, left kick side

23&24 Left sailor shuffle (left behind right; right side rock; left in place)

CAMEL WALKS; FORWARD ROCK STEP; ½ TURN RIGHT; STEP TOGETHER

25-26 Step right forward, slide left behind right

27-28 Repeat 25-26

29-30 Right forward rock step; back on left 31-32 ½ turning shuffle to right (right, left, right)

HEEL SWITCHES; HEEL BALL CHANGE; KNEE POPS

Touch left heel forward; shift weight to left; touch right heel forward; shift weight right

Touch left heel forward; step back on ball of left; step with weight on right

37-38 Touch left next to right with left knee forward and slightly across right; shift weight to left and

pop right knee forward and slightly across left

39-40 Shift weight to right and pop left knee forward and slightly across right; shift weight to left and

pop right knee forward and slightly across left

ROLLING VINE; SIDE-TOGETHER-SIDE, TOUCH; SIDE-TOGETHER-SIDE WITH 1/4 TURN, TOUCH

Step to right (begin full turn) turning ¼ to right; step left continuing turn

43-44 Step right finishing turn; touch left 45-46 Step left to side; right behind left

47-48 Step left to side as you turn ½ turn to left; step on right

REPEAT