

Steam

拍數: 48 牆數: 2 級數: Intermediate
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音樂: Steam - Ty Herndon



TWO STEPS FORWARD, SIDE, ROCK, CROSS

1-2 Step right forward, step left forward
3&4 Step right to right side & rock weight back to left, step right across left
5-8 Repeat counts 1-4 starting on left

KICK BALL POINT, TOE SWITCHES

9&10 Kick right forward & step down on ball of right, point left toe to left side
&11 Step left home, point right toe to right side
&12 Step right home, point left toe to left side
13-16 Repeat counts 9-12 starting with left

TWO STEPS BACK, TRIPLE ROCK STEP, SIDE TRIPLE ROCK, ¼ TURN SAILOR SHUFFLE

17 Step back on right (sliding foot back in a half circle or "C" shape)
18 Step back on left (sliding foot back in a half circle or "C" shape)
19 Step forward and rock weight on to the right
& Rock weight back on to the left in place
20 Rock weight forward on to the right in place
21 Step left to left side and rock weight on left
& Rock weight to center on right
22 Rock weight to left (move shoulders with rock steps)
23 Step right foot behind left starting a ¼ turn to the right
& Step left foot to left completing turn
24 Step right foot to right side (facing right side wall)

TWO SAILOR SHUFFLES BACK, ¾ TURN SAILOR SHUFFLE, STEP OUT & IN

25&26 Step left behind right & step right to right side, step left to left side
27-28 Repeat counts 25&26 on right
29 Step left behind right starting a ¾ turn to the left
&30 Step right to right completing turn, step left to left (facing new wall)
&31 Step right to right, step left to left
&32 Step right to center, step left to center

SEXY STEAMIN' HIP SHAKES

& Step right forward at an angle to the right
33-34 Bend knees and bump hips forward to the right
35-36 Bend knees and bump hips back to the left
37-40 Repeat

TWO WALKS FORWARD, TURNING LEFT SHUFFLE, TWO WALKS BACK, COASTER STEP

41-42 Step right forward, step left forward
43 Step right forward to the left starting a full turn shuffle turn
&44 Step left foot to left completing the turn, step right forward
45-46 Step left back, step right back
47&48 Step left back & step right together, step left forward

REPEAT

