

# Ste-Mi (Steamy)

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Stephen Sunter (UK) & Michele Etherington (UK)  
音樂: Baby One More Time - Britney Spears



**Ste = Stephen, Mi = Michelle**

## **STOMP BALL CHANGE, BRUSH, CROSS, & SIDE BEHIND, ½ TURN RIGHT TWISTING HEELS**

1&2      Stomp right, step right in place, step left in place  
3-4      Brush right foot next to left, cross step right over left  
&5      Step left to left side, cross step right behind left  
6&      Twist heels left making a ¼ turn right, twist heels right making a 1/8 turn left  
7&      Twist heels left making a ¼ turn right, twist heels right making a 1/8 turn left  
8      Twist heels left making a ¼ turn right (you should have completed a ½ turn right, weight on left)

## **HEEL DIGS X 3, STEP & POINT, BEHIND & IN FRONT, STEP RIGHT, STOMP STOMP**

&      Hitch right knee  
1&      Push right heel out and forward toward floor, hitch right pivoting ¼ right on ball of left foot  
2&      Push right heel out and forward toward floor, hitch right pivoting ¼ right on ball of left foot  
3&4      Push right heel out and forward toward floor, step right across left, point left to left side  
5&6      Step left behind right, right to right side, left across and in front of right  
7&8      Large step right to right side, stomp left next to right, stomp left next to right

## **POINT LEFT, ¼ TURN LEFT, COASTER STEP, STEP RIGHT LEFT RIGHT, BODY ROLL**

1-2      Point left foot left with attitude, ¼ turn left  
3&4      Step back left, right next to left, step forward left  
5&6      Step forward slightly right, left, right (ending with feet apart)  
7-8      Body roll over two counts, ending with weight on right

## **LEFT HEEL & HEEL, HIP BUMPS LEFT, HIP BUMPS RIGHT, RIGHT HEEL & HEEL**

&1&2&      With weight on left toe twist left heel out, in, out, in, out  
3&4      Placing weight onto left foot bump hips left, right, left  
5&6      Placing weight onto right foot and bump hips right, left, right  
&      Placing weight onto left foot at same time twist right heel out  
7&8      With weight on right toe twist right heel in, out, in

**REPEAT**

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