

Stays In Mexico

拍數: 32 牆數: 4 級數: Improver
編舞者: Robbie Halvorson (USA)
音樂: Stays In Mexico - Toby Keith



RIGHT & LEFT TOE STRUTS FORWARD, SIDE ROCK, CROSS, HOLD

1-2 Step forward on right toe, drop heel taking weight
3-4 Step forward on left toe, drop heel taking weight
5-6 Rock to right side on right, rock onto left in place
7-8 Cross right over left, hold

VINE LEFT, KICK, SIDE STEP, CROSS, ¼ TURN LEFT

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, kick right foot at right diagonal
5-6 Step right to right side, cross left over right
7-8 Make a ¼ turn left, step back on right, step left beside to right

RIGHT & LEFT TOE STRUTS FORWARD, ROCK FORWARD & BACKWARDS

1-2 Step forward on right toe, drop heel taking weight
3-4 Step forward on left toe, drop heel taking weight
5-6 Rock forward on right, rock back onto left
7-8 Rock back on right, rock forward onto left

JUMP FORWARD, CLAP, JUMP BACK, CLAP, KNEE POPS 4X

&1-2 Jump forward on right, then left, clap
&3-4 Jump back on left, then right, clap
5-6 Push right knee forward, lifting heel off floor, push left knee forward, lifting heel off floor
7-8 Push right knee forward, lifting heel off floor, push left knee forward, lifting heel off floor

On count 8 the heel is up. To start dance from the beginning lower heel on count 1 as you bring your right toe forward on count 1

Easier option: push knee forward without lifting heel.

REPEAT

RESTART

On wall 5 (facing front) dance first 16 counts then restart dance from beginning.