

Stay-N Alive

拍數: 76 牆數: 2 級數: Improver
編舞者: Norman Gifford (USA)
音樂: Stayin' Alive - Bee Gees



LOCK-STEPS FORWARD, PIVOT TURN

1&2 Right step forward; left lock-step behind right; right step forward
3&4 Left step forward; right lock-step behind left; left step forward
5&6 Right step forward; left lock-step behind right; right step forward
7-8 Left step forward; pivot turn ½ right (6:00)

LOCK-STEPS FORWARD, PIVOT TURN

1&2 Left step forward; right lock-step behind left; left step forward
3&4 Right step forward; left lock-step behind right; right step forward
5&6 Left step forward; right lock-step behind left; left step forward
7-8 Right step forward; pivot turn ½ left (12:00)

SIDE, REPLACE, CROSS-LOCK-STEP, SIDE, REPLACE, CROSS-LOCK-STEP

1-2 Right rock side; left replace
3&4 Cross-lock steps (right-left-right) moving forward on left oblique
5-6 Left rock side; right replace
7&8 Cross-lock steps (left-right-left) moving forward on right oblique

WALK, WALK, SHUFFLE STEP, ROCK FORWARD, REPLACE BACK, ½ TURNING SHUFFLE STEPS

1-2 Swagger steps forward (right-left)
3&4 Shuffle steps forward (right-left-right)
5-6 Left rock forward; right replace back
7&8 Shuffle steps turning ½ left (left-right-left) (6:00)

ROCK STEPS FORWARD/BACK, LOCK-STEPS FORWARD, ROCK STEPS FORWARD/BACK, LOCK-STEPS FORWARD

1-2 Right rock forward; left replace back
3&4 Right replace forward; left lock behind; right step slightly forward
5-6 Left rock forward; right replace back
7&8 Left replace forward; right lock behind; left step slightly forward

ROCK-STEP, COASTER STEP, LEFT TOE TOUCH FORWARD, TOUCH SIDE, SAILOR STEP

1-2 Right rock forward; left replace back
3&4 Right step back; left step together; right step forward
5-6 Left toe touch forward; left toe touch side
7&8 Left step behind right; right step together; left step slightly forward

Restart here on the third wall only (you will be facing 6:00)

SWAY-WALK STEPS, ROCK FORWARD, REPLACE, ½ TURNING SHUFFLE STEP

Always goes with the words: "Ah, Ha, Ha, Ha, Stayin' alive, Stayin' alive"

1-2 Right step oblique with hip swing; left step oblique with hip swing
3-4 Right step oblique with hip swing; left step oblique with hip swing
5-6 Right rock forward; left replace back
7&8 Shuffle steps turning ½ right (right-left-right) (12:00)

SWAY-WALK STEPS, ROCK FORWARD, REPLACE, ½ TURNING SHUFFLE STEP

Always goes with the words: "Ah, Ha, Ha, Ha, Stayin' alive"

- 1-2 Left step oblique with hip swing; right step oblique with hip swing
- 3-4 Left step oblique with hip swing; right step oblique with hip swing
- 5-6 Left rock forward; right replace back
- 7&8 Shuffle steps turning $\frac{1}{2}$ left (left-right-left) (6:00)

JAZZ BOXES WITH $\frac{1}{4}$ TURNS

- 1-2 Right crossover; left step back
- 3-4 Right step side turning $\frac{1}{4}$ right; left step slightly forward (9:00)
- 5-6 Right crossover; left step back
- 7-8 Right step side turning $\frac{1}{4}$ right; left step slightly forward (12:00)

PIVOT TURNS LEFT

- 1-2 Right step forward; pivot turn $\frac{1}{4}$ left (9:00)
- 3-4 Right step forward; pivot turn $\frac{1}{4}$ left (6:00)

REPEAT

TAG

Added at the end of the dance on the first wall only

RIGHT KICKS FORWARD, COASTER STEP, LEFT KICKS FORWARD, COASTER STEP

- 1-2 Right kick forward twice
- 3&4 Right step back; left step together; right step forward
- 5-6 Left kick forward twice
- 7&8 Left step back; right step together; left step forward

RESTART

Restart after count 48 on wall 3
