

Stay With Me Tonight

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kathy Hunyadi (USA) & John Robinson (USA)
音樂: Stay With Me Tonight - Jeffrey Osborne



CROSS STEP, SAILOR STEP, CROSS STEP, HEEL SWIVELS, ¼ TURN RIGHT

1-2 Cross step left over right, step right to side
3&4 Cross step left behind right, step right to side, step left in place (sailor step)
5-6 Cross step right over left, step left beside right
7&8 Swivel both heels left, right, left turning ¼ to right on last swivel (end with weight on left)

KICK, CROSS, STEP, STEP; KICK, CROSS, STEP, STEP; SCUFF, HITCH, TOUCH; HIP BUMPS

1&2& Kick right foot forward, cross step right over left, step back on left, step slightly back on right
3&4& Kick left foot forward, cross step left over right, step back on right, step slightly back on left
You will be traveling back on this sequence so be sure to angle your body
5&6 Scuff right foot, hitch right knee, touch right toe forward, keeping heel up (weight is on left foot)
7&8 Bump hips forward, back, forward

RIGHT SHUFFLE FORWARD, ROCK RECOVER, ¼ TURN LEFT, CROSSING SHUFFLE, STEP, CLAP TWICE

1&2 Shuffle forward right, left, right
3&4 Rock forward on left, recover weight right while turning ¼ left, step left to side
5&6 Crossing shuffle right over left - right, left, right
7&8 Step left to side, clap hands twice

LEFT ¼ TURN, TOUCH, CLAP TWICE, ROCK RECOVER, SAILOR STEP, KICK

1&2 Turn ¼ left stepping forward on right, turn ½ left stepping forward on left, step right beside left
3&4 Touch left next to right, clap hands twice
5-6 Step left slightly to side rocking left, recover weight to right
7&8 Cross step left behind right, step right to side, kick left foot forward

For styling and to get into position to start the dance over, you can "sweep" or ronde' the left foot from the kick

REPEAT

TAG

Done one time only after 3rd wall, when using Jeffrey Osborne music.

1-2 Step left to side, step right next to left
3&4 Step left to side, step right next to left, step left to side
5-6 Step right to side, step left next to right
7&8 Step right to side, step left next to right, step right to side
9-16 Repeat 1-8