

Stay With Me

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Mary Kelly (UK)
音樂: Stay With Me - Lacy J. Dalton



RIGHT KICK/OUT/OUT, ROCK STEP, ½ TURN SHUFFLE, ROCK STEP

1&2 Kick right forward, step right on right, step left on left
3-4 Rock back on right, rock forward in place on left
5&6 Step forward ¼ turn left on right, close left beside right /step right on right making ¼ turn left.
7-8 Rock back on left, rock forward in place on right

CROSS/SIDE ROCK/ CROSS, POINT (TWICE)

9&10 Cross left over right, rock to right on right, rock back in place on left
11-12 Cross right over left, point left to left
13-16 Repeat counts 9-12

CROSS SHUFFLE, ½ TURN, ½ TURN, SIDE SHUFFLE, CROSS ROCK

17&18 Cross left over right, step right on right, cross left over right
19-20 Step right on right pivoting ½ turn left on ball of right/ step left on left pivoting ½ turn left on ball of left
21&22 Step right on right, close left beside right, step right on right
23-24 Cross rock left over right, rock back in place on right

SAILOR STEP- ¼ TURN LEFT, STEP-LOCK/STEP-LOCK-STEP/ STEP-LOCK-STEP

25&26 Step ¼ left on left, step slightly right on right, step slightly left on left
27-28 Step diagonally forward right on right, lock left behind right heel
29&30 Step diagonally forward right on right, lock left behind right heel, step diagonally forward right on right
31&32 Step diagonally forward left on left, lock right behind left heel, step diagonally forward left on left

UNWIND ½ TURN RIGHT BOUNCING HEELS 3 TIMES, RIGHT KICK & POINT & HEEL & WALK FORWARD LEFT, RIGHT

33&34 Bouncing heels three times, unwind ½ turn right
35&36 Kick right forward, close right beside left, point left to left
&37& Close left beside right, tap right heel forward, close right beside left
38-39 Walk forward left, right

LEFT KICK & POINT & HEEL & STEP/LOCK/UNWIND ½ TURN /& HEEL & CROSS ROCK

40&41 Kick left forward, close left beside right, point right to right
&42& Close right beside left, tap left heel forward, close left beside right
43-44 Step forward on right, lock left behind right heel
45&46& Unwind ½ turn left, step back on right, tap left heel forward, close left beside right
47-48 Cross rock right over left, rock back in place on left

REPEAT