

Stay Out Of My Arms

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Diana Pushkina (FIN)
音樂: Stay Out of My Arms - George Strait



SCUFFS AND HIP BUMPS

1-2 Right scuff in front of left diagonally, right step slightly to right side with right hip bump
3-4 Hip bumps left, right
5-6 Left scuff in front of right diagonally, left step slightly to left side with left hip bump
7-8 Hip bumps right, left

SCUFF, ½ PIVOT, HEEL BOUNCES

9-10 Right scuff in front of left diagonally, cross right in front of left foot
11-12 ½ pivot turn to left (weight on right)
13-14 Bounce (tap) left heel twice (can clap with the second tap)
15-16 Bounce (tap) right heel twice (can clap with the second tap), (weight on left)

CHA-CHAS, ROCK STEP, FULL SPIN

17&18 Side cha-cha to right (right, left, right)
19-20 Left rock step back behind right, step on right
21&22 Side cha-cha to left (left, right, left)
23-24 Cross right in front left, full spin to left (unwind), (weight on left)

DIAMONDS AND SLAPS

25-28 Step right forward, point left heel forward, point left toe to left side, slap left heel behind with right hand
29-32 Step left forward, point right heel forward, point right toe to right side, slap right heel behind

½ PIVOTS

33-34 Right step forward, ½ pivot turn to left
35-36 Right step forward, ½ pivot turn to left (weight on left)

HIP BUMPS, CHA-CHAS WITH ROCK STEPS, HIP BUMPS

37-40 Right step forward with right hip bump, hip bumps left, right, left
41&42 Cha-cha right backward (right, left, right)
43-44 Left rock step back, step right forward
45&46 Cha-cha left forward (left, right, left)
47-48 Right rock step forward, step left back
49&50 Cha-cha right backward (right, left, right)
51-52 Left rock step back, step right forward
53-56 Left step forward to left with left hip bump, hip bumps right, left, right

CHA-CHA, BACK ½ PIVOT TURN, CHA-CHA, ½ PIVOT

57&58 Cha-cha left backward (left, right, left)
59-60 Step right back making a ½ turn to right backward (weight on right)
61&62 Cha-cha left forward (left, right, left)
63-64 Step right forward, ½ pivot turn to left

REPEAT