

Stationary Cha-Cha (L/P)

COPPERKNOB
BY SHEETS

拍數: 28 牆數: 4 級數: line/partner dance
編舞者: Unknown
音樂: Ol' Country - Mark Chesnutt



Position: Couples begin in dancing skaters position, standing side by side, left hand in left, right in right, right hands at lady's waist. Some folks do this dance in regular old side-by-side. Dancing skaters adds some flair to the turns.

STEP RIGHT, ROCK BACK LEFT, CHA-CHA BACK RIGHT

1-2 Rock step forward right, recover weight to left
3&4 Shuffle back right

STEP BACK LEFT, ROCK FORWARD RIGHT, CHA-CHA LEFT AND ½ TURN RIGHT

5-6 Rock step back left, recover weight to right
7 Face ¼ turn right and step on left
& Step together right
8 Face ¼ turn right and step on left

As the couple turns, the left hands move to the lady's left hip as the right hands rise in front of the man. Likewise when you turn back let them flow back to original position.

STEP BACK RIGHT, ROCK FORWARD LEFT, CHA-CHA RIGHT AND ½ TURN LEFT

9-10 Rock step back right, recover weight to left
11 Face ¼ turn left and step on right
& Step together left
12 Face ¼ turn left and step on right

STEP BACK LEFT, ROCK FORWARD RIGHT, CHA-CHA LEFT AND ¼ TURN RIGHT

13-14 Rock step back left, recover weight to right

LADY

15&16 Shuffle in place left turning ¼ turn right

MAN

15 Long step left diagonally forward right
& Face ¼ turn right and step together right
16 Step together left

Hey guys! If your lady tries to cha-cha forward on these steps, a very gentle pull on her right hand will tend to make her turn in-place. Another advantage of dancing in skaters position.

STEP RIGHT, ½ TURN LEFT, CHA-CHA RIGHT

17-18 Step right forward, turn ½ left
19&20 Shuffle forward right

STEP LEFT, ½ TURN RIGHT

21-22 Step left forward, turn ½ right

STEP LEFT, ROCK RIGHT, LEFT, RIGHT

23-24 Step left forward, rock right back
25-26 Rock left forward, rock right back

CHA-CHA LEFT

27&28 Shuffle forward left

REPEAT
