

Station One

拍數: 24 牆數: 2 級數: Beginner
編舞者: Shirley A. Lockley
音樂: Northern Lights - Situation Vacant



This step sheet makes no sense at all. Does anyone have a better explanation of this dance?

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| 1-4 | Vine to the right, stepping down on left foot |
| 5 | Hook right foot in front of left knee and ¼ turn left |
| 6-9 | Vine to the right, stepping down on left foot |
| 10 | Touch right toe out to right side |
| 11-12 | Step right foot next to left, touch left toe out to left side |
| 13 | ¼ turn to the left |
| 14-16 | Touch right heel out in front, bring right heel to left knee, step forward right |
| 17-19 | Step back right, toe to the side and back |
| 20-22 | Left heel out in front and back up to the knee, step forward left |
| 23-24 | Touch left toe to left side, touch left toe back |

REPEAT
