

Static Shock

拍數: 72 牆數: 4 級數: Intermediate/Advanced
編舞者: Adrian Churm (UK)
音樂: Knock On Wood - Rachel Stevens



WALK, KICKBALL CROSS, ROCK TURN, ½ TURN TRIPLE

- 1-2 Walk forward right then left
3&4 Kick right foot forward, step ball of right in place, ¼ turn left as left foot crosses in front of right
5-6 Rock right foot to the right side, recover onto left making a ¼ turn to left
7&8 Make a ½ turn left stepping right, left closes to right, right foot back

STEP, CLOSE, LOCK FORWARD, TURNING VINE

- 1-2 Left foot steps back, close right next to left
3&4 Lock step forward left, right, left
5-6 Make almost a ¼ turn left and step right foot to the side, left foot steps behind right
7-8 Make ¼ turn right and step right foot forward, ¼ turn right closing left next to right (3:00)

TWIST WITH ¼ TURN, TURNING VINE

- 1-2 Twist both heels left, make a ¼ turn left as you swing toes left
3-4 Right foot steps forward, pivot a ½ turn to left (weight ends on left)
5-6 Make almost a ¼ turn left and step right foot to the side, left foot steps behind right
7-8 Make ¼ turn right and step right foot forward, ¼ turn right closing left next to right (9:00)

TWIST WITH ¼ TURN, PIVOT TURN, WALK, KICKBALL CROSS

- 1-2 Twist both heels left, make a ¼ turn left as you swing toes left
3-4 Right foot steps forward, pivot a ½ turn to left (weight ends on left)
5-6 Walk forward right then left
7&8 Kick right foot forward, step ball of right in place, step left across in front of right (12:00)

HIP SWINGS AND CHASSE, CROSS ROCK, CHASSE TURN

- 1-2 Swing hips to the right as right foot steps to the right side, swing hips to left side
3&4 Swing hips back to center as you chasse to the right side (right, left, right)
5-6 Rock left foot over in front of right, recover weight onto right
7&8 Chasse left, making a ¼ turn left (left, right, left) (9:00)

¼ TURN INTO HIP SWINGS AND CHASSE, CROSS ROCK, CHASSE TURN

- 1-2 ¼ turn left swinging hips to the right as right foot steps to the right side, swing hips to left side
3&4 Swing hips back to center as you chasse to the right side (right, left, right)
5-6 Rock left foot over in front of right, recover weight onto right
7&8 Chasse left, making a ¼ turn left (left, right, left) (3:00)

TURNING TOE STRUTS, ROCK, ½ TURN TRIPLE STEP

- 1-2 Step forward onto toes of right foot, snap right heel down
3-4 Make a ¼ turn left as you step forward onto toes of left foot, snap heel down
5-6 Rock forward onto right foot, recover onto left
7&8 Make a ½ turn right stepping right, left, right (6:00)

PIVOT TURN, LOCK STEP, SYNCOPATED ROCK STEPS

- 1-2 Left foot steps forward, make a ½ turn right, weight ends on right
3&4 Lock step forward left, right, left
5-6 Rock forward onto right foot, recover onto left

&7-8 Close right next to left, rock forward onto left foot, recover onto right (12:00)

¼ TURN, SIDE HOLD CLAP & SIDE HOLD CLAP, SAILOR STEP, COASTER STEP

1-2 Make a ¼ turn left and step left foot to left side hold and clap hands

&3-4 Close right to left, left foot steps to the left side hold and clap hands

5&6 Right foot steps back and behind left, left foot to left side, step right to right

7&8 Step left foot back, close right to left, step left foot forward (9:00)

REPEAT

RESTART

Restart on 2nd wall after section 5

TAG

On the 4th wall (3:00) do section 5 four times then restart the dance from section 7 toe struts

ENDING

If you want to you can end the dance by replacing the last two counts with a cross behind unwind half turn left to finish facing front
