Start All Over

拍數: 56

級數: Intermediate

編舞者: Kevin Winn (USA)

音樂: Can I Change My Mind - Delbert McClinton

2 KICK BALL TOUCHES, MOVING FORWARD KICK BALL CHANGE, SYNCOPATED WALK BACK

- 1&2 Right kick ball, touch left to side
- 3&4 Left kick ball, touch right to side
- 5&6 Right kick ball change (moving forward)
- &7&8 Back right, left, right, left, (small steps)
- 9-16 Repeat 1-8

MONTEREY TURN WITH HIP BUMPS

- 17-18 Touch right to side, bring right home while turning 1/2 right
- 19&20 Hip bumps
- 21-24 Repeat 17-20

STEP, TURN, SHUFFLE, (REPEAT)

- Step right forward, pivot 1/2 left, shuffle forward right, left, right 25-28
- 29-32 Step left forward, pivot 1/2 right, shuffle forward left, right, left

KICK, TURN, TOUCH, KICK, TURN, TOUCH, KICK, TOUCH, KICK, TOGETHER

- 33&34 Kick right at 11:00, slightly hitch right knee while turning 1/4 left, touch right back at 4:00 35&36
- Repeat 33&34
- 37&38 Kick right at 11:00, slightly hitch right knee, touch right back at 4:00
- 39&40 Kick right at 11:00, slightly hitch right knee, touch right together with left
- 41-48 Repeat 33-40 with left foot kicking & hitching and turning right

POINT, POINT, SAILOR WITH A TURN

- Point right forward, point right side 49-50
- 51&52 Right sailor with 1/4 turn right
- 53-54 Point left forward, point left side
- 55&56 Left sailor with 1/2 turn left

REPEAT





牆數: 4