

Start A New Relationship

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 1 級數: Advanced hip hop
編舞者: Elizabeth Allison (USA)
音樂: You Make Me Wanna... - Usher



Sequence: AA B AA B AA B AAAAA

PART A

KICK-STEP-ROCK-STEP TWICE, IN/OUT KNEES, ¼ TURN KICK, COASTER STEP

1&2& Kick right forward, step right, rock back left in open 5th, step right
3&4& Kick left forward, step left, rock back right in open 5th, step left
5&6 Step right side toes and knees in, swivel toes and knees out, kick left forward making ¼ left
7&8 Coast step: step left back, step right together, step left forward

FIRE HYDRANT TWICE, STEP, HIP ROLL, SAILOR STEP WITH ¼ TURN, HITCH, TURN HITCH

1 Lift right leg to side, knee slightly bent, pumping up while making 1/8 turn left
2 Bring right leg down slightly and pump again making 1/8 turn left (facing 6:00 now)
3-4 Touch right to side, roll hips to the left while transferring weight to right
5&6 Sailor step with ¼ turn right: sweep left around, step left behind right, step right in place (1/8 turn right), step left next to right (1/8 turn right)
7-8 Hitch right forward, swing right down in front swiveling on left ball ½ turn left, hitch right

PART B

STEP, DRAG, ANCHOR STEP, 3 STEP TURN, BODY ROLL

1-3 Long step right side, drag left up to right
&4 Anchor step: step left behind right in closed 5th, step right in place
5&6 Step right forward making ½ turn, step left together, step right forward making ½ turn
7-8 Step left together, body roll down

MAMBO BASIC, STEP, FLICK, CROSS, HOLD, ½ TURN HEEL BOUNCES, SAILOR STEP W/ ½ TURN

1e& Press right forward, recover left, step right in place
2e& Press left back, recover right, step left in place
3&4 Step right, flick left toe to side, cross left over right
5&6 Bounce on your heels 3 times to unwind ½ turn to your right
7&8 Sailor step: sweep around making ½ turn right, step right behind left, step left in place, step right next to left

BROKEN KNEES, JUMP IN, HOLD, APPLEJACKS

1 Break right knee in
2 Break left knee in
3 Jump both feet together
4 Hold (if you want, you can take a quick look to your left over your shoulder)
5-8 Applejacks: swivel opposing toes and heels by transferring weight to opposite ball or heel

JUMP BACK KICK FORWARD, WALK, WALK, KNEE POPS, HITCH, SLIDE

1&2 Jump back on left, kicking right forward, pushing fists forward over right leg, step right back, step left in place
3-4 Walk back right, walk back left
5&6& Feet slightly apart, knees bent, knock (pop) knees out, in, out, in
7-8 Stand tall hitching left knee, step left forward, slide right up to left

Travels approximately 2 feet to the right while dancing part b because of the long step at the beginning. Adjust within your box to keep from running anyone over. Or change the step to allow for a smaller floor

space
