

Stars And Eagles

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Lana Harvey Wilson (USA)
音樂: Where the Stars and Stripes and the Eagle Fly - Aaron Tippin



4 WALKS, BALL-STEP WITH ¼ TURN, ¼ TURN, COASTER

1-4 Walk forward left, right, left, right
&5 Step ball of left next to right, step forward right turning ¼ right
6 Step back left turning ¼ right
7&8 Step back right, step left next to right, step forward right

4 WALKS, BALL-ROCK, RECOVER, FULL TURN TRIPLE

9-12 Walk forward left, right, left, right
&13 Step ball of left next to right, rock forward right
14 Recover back on left
15&16 Full right turn triple (right-left-right in place) (or just shuffle in place)

4 COUNT WEAVE, HEEL & CROSS & CROSS & HEEL

17-18 Cross step left over right, step right to right
19-20 Cross step left behind right, step right to right
21& Touch left heel forward, step back on left past right
22&23 Cross step right over left, step left slightly left, cross step right over left
&24 Step slightly back on left, touch right heel forward

4 COUNT WEAVE, HEEL & CROSS & CROSS & HEEL

25-26 Cross step right over left, step left to left
27-28 Cross step right behind left, step left to left
29& Touch right heel forward, step back on right past left
30&31 Cross step left over right, step right slightly right, cross step left over right
&32 Step slightly back on right, touch left heel forward

BALL-STEP, HOLD, BALL-STEP, HOLD, HEEL-BALL-STEP, FORWARD ROCK, RECOVER

"Where the stars and stripes and the eagles...."

&33-34 Step ball of left next to right, step right forward, hold and clap
&35-36 Step ball of left next to right, step right forward, hold and clap
37&38 Touch left heel forward, step ball of left next to right changing weight, step right forward
39-40 Rock forward left, recover right

2 FULL BACK TURNS, COASTER, FORWARD SHUFFLE

"...Fly..."

41 Turning ½ turn left step left forward (now facing back wall)
42 Turning ½ turn left step right back (now facing front wall)
43-44 Repeat 41-42 making a second full turn moving back

Option: one full back turn stepping left, right, then walk back left, right; or, walk back 4 steps

45&46 Step back left, step right next to left, step left forward
47&48 Shuffle forward right-left-right

REPEAT

TAG

Just before you start the pattern for the 5th time. You are facing front

1-4 Walk forward left, right, left, kick right forward

5-8 Walk back right, left, right. Touch left back

RESTART

During the 3rd pattern only, do the first 32 and then start over again.
