

Star Samba

拍數: 44 牆數: 4 級數:
編舞者: Peter Heath (AUS)
音樂: Don't Let the Stars Get In Your Eyes - k.d. lang



FORWARD & BACK BASIC SAMBA; LEFT & RIGHT SAMBA WHISK

1&2 Step forward left foot, close right foot to left foot, close left foot to right foot
3&4 Step back right foot, close left foot to right foot, close right foot to left foot
5&6 Step left foot to left, rock right foot behind left foot, recover on left foot
7&8 Step right foot to right, rock left foot behind right foot, recover on right foot

VINE 3 & CROSS CHANGE; VINE 3 & CROSS CHANGE

9-10 Step left foot to left, cross right foot behind left foot
11&12 Step left foot to left, rock right foot behind left foot, recover onto left foot
13-14 Step right foot to right, cross left foot behind right foot
15&16 Step right foot to right, rock left foot behind right foot, recover onto right foot

FORWARD & BACK BASIC; RIGHT VOLTA 7; LEFT VOLTA 7 & TURN ¼ LEFT

17-20 Repeat beats 1-4
21&22&23& Cross left foot in front of right leg, step right foot to right, repeat beat 21 twice
24& Cross left foot in front of right leg, lift right foot off the ground and swing it to the right in preparation for the next step
25&26&27& Cross right foot in front of left leg, step left foot to left, repeat beat 25 twice
28 Cross right foot in front of left leg turning ¼ left

FORWARD SAMBA WALK TWICE & TURN ¼ LEFT; TWICE

Lift left forearm vertically and touch the inside of the left elbow with the palm of the right hand for the next two beats.

29&30 Rock forward left foot, recover right foot, drag left foot back 4 inches and transfer weight to left foot using a slight pelvic action

Lift right forearm vertically and touch the inside of the right elbow with the palm of the left hand for the next two beats.

31&32 Rock forward right foot, recover left foot, drag right foot back 4 inches and transfer weight to right foot using a slight pelvic action turning ¼ left fairly abruptly just before the next step.

33-36 Repeat beats 29-32

FORWARD RUN 3, KICK; BACK RUN 2, BACK BASIC

37-39 Step forward left foot, step forward right foot, step forward left foot
40 Kick right foot forward
41-42 Step back right foot, step back left foot
43&44 Repeat beats 3-4

REPEAT

Dance ends at beat 25 with a stomp right, stomp left, rather than a cross and a 1/4 left turn is included with beat 24 to face the front