

# Standing Tall

拍數: 68      牆數: 2      級數: Intermediate  
編舞者: Heather Gargiulo (NZ)  
音樂: I Will Hold My Ground - Darryl Worley



## BACK TOGETHER, FORWARD TOGETHER

1-4      Step left back, step right beside left, step left forward, step right beside left

## STEP HOLD, STEP HOLD, BOX, HOLD, REPEAT

1-4      Step forward left, hold, step forward right, hold  
5-7      Cross left over right, step back right, step left to left side  
8      Hold

1-8      Repeat last 8 counts starting with right

## ¼ HEEL TWISTS, KICK BALL CHANGE, TOE HEEL, SIDE BEHIND

1      Turning ¼ right twist both heels left  
2      Turning ¼ left twist both heels right  
3&4      Kick left forward, step left beside right, step right in place  
5-6      Touch left toe to right instep, touch left heel to right instep  
7-8      Step left to left side, step right behind left

## HOLD, ¼ TURN FORWARD, FULL TURN HOOK, STEP TOGETHER STEP, HOLD

1      Hold  
2      Turn ¼ left and step forward left  
3      Turn ½ left and step back right  
4      Turn ½ left on right hooking left foot below right knee  
5-7      Step forward left, step right beside left, step forward left  
8      Hold

## STEP ½ PIVOT STEP, HOLD, ½ TURN HOLD, ½ TURN HOLD

1-2      Step forward right, ½ pivot left changing weight to left  
3-4      Step forward right, hold  
5-6      Turn ½ right and step back on left, hold  
7-8      Turn ½ right on left stepping forward right, hold

## STEP TOGETHER, STEP TOGETHER, STEP ½ PIVOT, STEP TOGETHER

1-4      Step forward left, step right beside left, step left forward, step right beside left  
5-6      Step forward left, ½ pivot right changing weight to right  
7-8      Step forward left, step right beside left

## CROSS ROCK ROCK TURN, CROSS ROCK ROCK TURN

1-3      (Stepping forward and across) rock left over right, recover back onto right still facing right  
diagonal rock forward onto left in place  
4      Turn ¼ left to face left diagonal on left foot, bring right from the back to the front  
5-7      (Stepping forward and across) rock right over left, recover back onto left still facing left  
diagonal rock forward onto right in place  
8      Turning right on right foot straighten to side wall, bring left from the back to the front

## CROSS ¼ BACK

1-4      (Stepping forward and across) step left over right, hold, turn ¼ left stepping back right, hold

**REPEAT**

**RESTART**

On count 60 of 3rd wall, turn to face the front wall (just over a  $\frac{1}{4}$  turn right), then restart

After counts 3 & 4 of 7th wall (the 'twist twist kick ball change') replace the next 4 counts with: step left to left side, hold,  $\frac{1}{2}$  hinge right stepping right to right side, hold, then restart.

There is a slight pause in the music towards the end of the song, just keep dancing

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