

# Standing

拍數: 44      牆數: 2      級數: Beginner  
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音樂: From Where I Stand - The Cheap Seats



## STEP BACK ¼ TURN, STEP BACK ½ TURN, BODY ROLL AND TOUCH

1-2      Step back on your right foot, do a ¼ turn to your right  
3-4      Step back on your left foot, do ½ a turn to your left  
5-7      Do a forward and upper body roll over three counts  
8      Touch your right toe beside your left foot

## CROSS OVER, HOLD, UNWIND, HOLD, BUMP HIPS RIGHT-LEFT-RIGHT-LEFT

9-10      Cross your right foot over your left, hold for one count  
11-12      Unwind ½ a turn to your left, hold for one count  
13-16      Bump your hips right-left-right-left

## CROSS OVER, HOLD, UNWIND, HOLD, BUMP HIPS RIGHT-LEFT-RIGHT-LEFT

17-18      Cross your right foot over your left, hold for one count  
19-20      Unwind ½ a turn to your left, hold for one count  
21-24      Bump your hips right-left-right-left

## RIGHT HEEL LEFT TOE, RIGHT VINE, TOUCH LEFT

25-26      Touch your right heel forward, step right foot beside left  
27-28      Touch your left toe back, step left foot beside right  
29-30      Side step right, step left foot behind right foot  
31-32      Side step right, touch your left toe behind your right foot

## LEFT VINE, TOUCH RIGHT, STEP FORWARD AND TOUCH, ¼ TURN AND STOMP

33-34      Side step left, step right foot behind left foot  
35-36      Side step left, touch your right toe behind your left foot  
37-38      Step forward on your right foot, touch your left toe beside right  
39      Do a ¼ turn to your left with your left foot  
40      Stomp your right foot beside left

## RIGHT FAN, RIGHT FAN

41-42      Swivel your right toe to the right, swivel your right toe back to center  
43-44      Swivel your right toe to the right, swivel your right toe back to center

## REPEAT

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