

Standby

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK)
音樂: Lonesome Love List - Jerry Kilgore



WEAVE ¼ TURN LEFT, STEP, ½ TURN LEFT, BACK ROCK

1-2 Cross step right over left, step left to left
3-4 Cross right behind left, turn ¼ left stepping forward on left
5-6 Step forward on right, pivot ½ turn left (weight remains on right)
7-8 Rock back on left, recover onto right (3:00)

STEP, LOCK, LEFT SHUFFLE FORWARD, WALK, WALK, RIGHT SHUFFLE FORWARD

9-10 Step forward on left, lock right behind left
11&12 Step forward on left, step right beside left, step forward on left
13-14 Step forward on right, step forward left
15&16 Step forward on right, step left beside right, step forward on right (3:00)

A full turn left can be substituted for the two walks at 13-14 for more experienced dancers

FORWARD ROCK, BACK, POINT, TOUCH FORWARD, SIDE, STEP BACK, TAP

17-18 Rock forward on left, recover onto right
19-20 Step back on left, point right toe to right side
21-22 Touch right toe across left foot, touch right toe to right side
23-24 Step back on right, tap left toe over right foot (3:00)

LEFT SHUFFLE FORWARD, STEP ½ TURN LEFT, TOE SWITCHES RIGHT, LEFT RIGHT, HOLD AND CLAP

25&26 Step forward on left, step right beside left, step forward on left
27-28 Step forward on right, pivot ½ turn left
29&30 Touch right toe to right side, step right beside left, touch left toe to left side
&31 Step left beside right, touch right toe to right side
32 Hold and clap (9:00)

REPEAT
