

# Stand On It

拍數: 32      牆數: 4      級數: Beginner dance  
編舞者: A.T. Kinson (USA)  
音樂: Stand On It - Mel McDaniel



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## VINE RIGHT, KICK OUT TO RIGHT, VINE LEFT, KICK OUT TO LEFT

- 1-4      Left step behind right, right step to right side, left step in front of right, kick right out to right side  
5-8      Right step behind left, left step to left side, right step in front of left, kick left out to left side

## LEFT FOOT STEP FORWARD, HOLD, PIVOT ½ RIGHT, RIGHT STEP FORWARD, HOLD, REPEAT

- 1-4      Left step forward, hold count, pivot ½ right, right step forward hold count  
5-8      Left step forward, hold count, pivot ½ right, right step forward hold count

## TOE STRUTS- 6 COUNTS, FORWARD ROCK RECOVER

- 1-2      Touch left toe forward, drop left heel down take weight  
3-4      Touch right toe forward, drop right heel down take weight  
5-6      Touch left toe forward, drop left heel down take weight  
7-8      Rock right forward, recover weight

## TAP-TAP, TOUCH, TOUCH, LIFT ACROSS BEHIND, TOUCH TO SIDE, LIFT ACROSS BEHIND WITH ¼ TURN RIGHT, STEP SIDE

- 1-4      Tap right toe back twice, touch right toe forward, touch right toe out to right side  
5-6      Lift right foot up across behind left knee, point right toe out to right side  
7-8      Lift right foot up across behind left knee and turn ¼ left, step on right to right side

**REPEAT**

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