

Stand N Dance

拍數: 32 牆數: 4 級數: Improver
編舞者: Mark Caley (UK) & Jan Caley (UK)
音樂: Stand By Me - The Deans



RIGHT CHASSE, ROCK BACK REPLACE. SIDE TOE STRUTS

1&2 Step right to right side, bring left next to right, step right to right side
3-4 Rock left back behind right, replace weight onto right
5-6 Left toe strut to left side
7-8 Cross right over left toe strut

2 X SHUFFLES ¼ & ½ TURNS LEFT. ROCK BACK, REPLACE, WALK LEFT, RIGHT

9&10 Left shuffle making quarter turning left (left, right, left)
11&12 Right shuffle making half turning left (right, left, right)
13-14 Rock back on left, recover weight on right
15-16 Walk forward left, right (3:00)

Option: full turn right traveling forward on counts 15-16

PIVOT ¾ RIGHT, LEFT SHUFFLE FORWARD, ROCK RECOVER, TRIPLE ½ TURN RIGHT

17-18 Step forward on left, pivot three quarters right (weight ends on right) (12:00) (right stepping forward on count 18)
19&20 Left shuffle forward left, right, left
21-22 Rock forward on right, recover weight on to left
23&24 Triple step (right, left, right) half turn right (6:00)

WALK FORWARD, LEFT KICK BALL STEP, ROCK FORWARD REPLACE ¾ TRIPLE TURN LEFT

25-26 Walk forward left, right
Option: full turn right traveling forward on counts 25-26
27&28 Kick left forward, step on left, step forward on right
29-30 Rock forward on left, replace weight onto right
31&32 Making a three quarter turn left over your left shoulder do a triple stepping left, right, left (9:00)

REPEAT
