

Stand By Your Man

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ann Gorman (AUS)
音樂: Stand By Your Man - The Chicks



Dance starts on count of 5 after strong drum beat, count drum as 1

CROSS SIDE STEPS X 4 (TRAVELING FORWARD)

1&2 Cross left over right, right to side, step back onto left
3&4 Cross right over left, left to side, step back onto right
5&6 Repeat 1&2
7&8 Repeat 3&4

ROCK FORWARD & BACK, TURNING SHUFFLES TWICE (TRAVELING BACK)

1&2 Rock forward left, rock back right
3&4 Turning ½ turn left, shuffle left-right-left
5&6 Turning ½ turn left, shuffle right-left-right
7&8 Turning ½ turn left, shuffle left-right-left

ROCK FORWARD & BACK, COASTER STEP, CROSS STEP CROSS, ROCK

1-2 Rock forward right, back on left
3&4 Coaster-right back, left together, right forward
5&6 Cross left over right, right to side, cross left over right
7-8 Rock right to right side, back on left

CROSS STEP CROSS, TURN HALF RIGHT, CROSS STEP CROSS, ROCK

1&2 Cross right over left, left to side, cross right over left
3-4 Step back on left turning ½ turn right, step on right
5&6 Cross left over right, right to side, cross left over right
7-8 Rock right to right side, back on left

BEHIND SIDE CROSS & SLOW UNWIND TURNING HALF TURNS

1&2 Step right behind left, left beside right, right in front of left
3-4 Unwind ½ turn left (weight on right)
5&6 Step left behind right, right beside left, left in front of right
7-8 Unwind ½ turn right (weight on left)

SIDE SHUFFLES & HALF TURNS

1&2 Shuffle right-left-right to right side
3-4 Step left to left side turning ½ turn right, step right
5&6 Shuffle left-right-left to left side
7-8 Step right to right side turning ½ turn left, step left

ROCKS FORWARD & BACK, COASTER STEPS

1-2 Rock forward right, back left
3&4 Coaster-right back, left together, right forward
5-6 Rock forward left, back right
7&8 Coaster-left back, right together, left forward

HEEL TOUCH CROSS X 2, BACK BOX STEP TURNING HALF LEFT

1&2 Right heel forward 45 degrees, touch right toe beside left, cross left over right
3&4 Repeat 1&2

5-6 Step right back, turning $\frac{1}{2}$ turn left step left forward
7-8 Step right beside left, tap left beside right

REPEAT

Dance will end on beat 36, after slow unwind $\frac{1}{2}$ turn left, (now facing front)
