Stand By Me Cha

拍數: 32

1-2-3

級數: Intermediate/Advanced



音樂: Stand By Me - Lemon Ice

4&5	Cross right over left, step left to side, cross right behind left
6	Step left back
7&8&	Step right diagonally back, lock left over right, step right diagonally back, lock left over right
STEP BACK DIAGONAL, CROSS BEHIND, SWEEP, SIDE ROCK ¼ TOGETHER, STEP, STEP LOCKS FORWARD	
1-2-3	Step right diagonally back, cross left behind right, sweep right front to back and cross right behind left
4&5	Rock left to side, recover onto right, turn 1/4 left and step left together
6	Step right forward
7&8&	Step left forward, lock right behind left, step left forward, lock right behind left
STEP, ROCK RECOVER, STEP BACK TURN ½, ROCK RECOVER, STEP BACK TURN ½	
1-2-3	Step left forward, rock right forward, recover onto left
4&5	Step right back, turn ½ left and step left forward, step right forward
6-7	Rock left forward, recover onto right
8&1	Step left back, turn 1/2 right and step right forward, step left forward

STEP BACK, BACK ROCK, CROSS SIDE BEHIND, STEP BACK, BACK LOCK, BACK LOCK Step left back, rock right diagonally back, recover onto left

STEP PIVOT ½, RIGHT SHUFFLE, TURNING SYNCOPATED ROCKING CHAIR TURN ½

- 2-3 Step right forward, turn 1/2 left (weight to left)
- 4&5 Step right forward, step left together, step right forward
- 6& Cross/rock left over right, recover onto right
- 7& Turn ¼ right and rock left back, recover onto right
- 8& Cross/rock left over right, recover onto right

Turn ¼ right to start the dance again

The last rocking chair section is done making a gradual turn 1/2 to the right, rocking forward & back & forward &

REPEAT





牆數: 4