

Stand By...

拍數: 48 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Stand By Your Man - The Chicks



SHUFFLE FORWARD, CROSS STEP, STEP BACKWARD, RIGHT GRAPEVINE

1&2 Step forward onto left foot, step right foot next to left, step forward onto left foot
3-4 Cross step right foot over left, step backward onto left foot
5-8 Step right foot to side, step left foot behind right, step right foot to side, touch right foot next to left, (12:00)

Option: substitute counts 5-8 for a 'rolling' grapevine

2X SHUFFLES FORWARD, STEP FORWARD, ¼ LEFT, RIGHT CHASSE, CROSS STEP, ¼ RIGHT

9&10 Step forward onto left foot, step right foot next to left, step forward onto left foot
11&12 Step forward onto right foot, step left foot next to right, step forward onto right foot
13 Step left foot forward & turn ¼ left
14&15 Step right foot to side, step left foot next to left, step right foot to side
16 Cross step left foot over right & turn ¼ right, (12:00)

PIVOT ½ RIGHT, STEP FORWARD, PIVOT ½ RIGHT, CROSS STEP, STEP: BACKWARD-SIDE-BEHIND-SIDE

17-18 Pivot ½ turn right (weight on right foot), step forward onto left foot
19-20 Pivot ½ turn right, cross step left foot over right
21-22 Step backward onto right foot, step left foot to left side
23-24 Step right foot behind left, step left foot to left side, (12:00)

2X SHUFFLES FORWARD, STEP FORWARD, TURN ¾ LEFT, TOUCH

25&26 Step forward onto right foot, close left foot next to right, step forward onto right foot
27&28 Step forward onto left foot, close right foot next to left, step forward onto left foot
29-30 Step right foot forward, pivot ½ turn left
31-32 Step right foot forward & turn ¼ left, touch left foot next to right, (3:00)

LEFT CHASSE, 2X ¼ TURN-TOUCH-¼ TURN-CHASSE

33&34 Step left foot to side, step right foot next to left, step left foot to side
35 Turn ¼ right on left foot & touch right foot to side
36&37 Turn ¼ turn left on left foot & step right foot to side, step left foot next to right, step right foot to side
38 Turn ¼ turn left on right foot & touch left foot to side
39&40 Turn ¼ turn right on right foot & step left foot to side, step right foot next to right, step left foot to side, (facing 3:00 - LOD 12:00)

CROSS STEP, ¼ LEFT, KICK, COASTER STEP, STEP FORWARD, ¼ LEFT, KICK, COASTER STEP

41-42 Cross step right foot over left & turn ¼ left, kick left foot diagonally forward left
43&44 Step backward onto left foot, step right foot next to left, step forward onto left foot
45-46 Step right foot forward & turn ¼ left, kick left foot diagonally forward left
47&48 Step backward onto left foot, step right foot next to left, step forward onto left foot, (9:00)

REPEAT