

# Stampede Strut

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Lucy Strack (USA) & Betty Maddox (USA)  
音樂: Cypress Grove - The GrooveGrass Boyz



## SWIVEL HEELS, SLAP DOWN ON HEELS, INWARD KNEE POPS STEPPING FORWARD, CLAP (2X)

1-2      Swivel heels to left, swivel heels back to right  
3&4      Swivel heels to left then center, slap heels down  
5      Pop right knee inward while touching toes ahead of left foot  
&      Step down on right foot  
6      Pop left knee inward while touching toes ahead of right foot  
&      Step down on left foot  
7      Pop right knee inward while touching toes ahead of left foot  
&8      Clap hands twice by left side of head

**Move forward with each knee pop, step down sequence**

## RIGHT KICK-CROSS-TOUCH, LEFT KICK-CROSS-TOUCH, SWEEP RIGHT FOOT ½ TURN RIGHT, LEFT HEEL JACK

1&2      Kick right forward & step right across left, touch left toes to the left  
3&4      Kick left forward & step left across right, touch right toes to the right  
5-6      Touch right toes over left foot, sweep right foot making ½ turn right  
&7      Step back right, present left heel forward  
&8      Return left back to place, touch right toes next to left

## KICKS, BOUNCES ½ TURN LEFT, LEFT COASTER, ½ TURN LEFT

1&      Kick right foot forward, return to place  
2&      Kick left foot forward, step down moving slightly forward  
3&4      Step right foot forward & bounce on heels twice making a ½ turn left  
5&6      Step back left & step right beside left, step forward left  
7-8      Step right foot forward, making a ½ pivot turn to the left

## RIGHT MAMBO, LEFT MAMBO, PUNCHES, COUNTER TO THE RIGHT UPPER BODY ROTATION

1&2      Side step right & side rock onto left, step right beside left  
3&4      Side step left & side rock onto right, step left beside right  
5-6      Punch right fist out at chest level, punch left fist out at chest level  
7&8      Rotate upper body counter to the right left & center, right

**REPEAT**