

Squirrel Girl

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver
編舞者: Anita McNab (CAN)
音樂: Calendar Girl - Neil Sedaka



GRAPEVINE RIGHT WITH TOUCH, STEP FORWARD LEFT, TOUCH RIGHT, STEP BACK RIGHT, LEFT HEEL FORWARD

1-4 Step side right on right, cross left behind right, right onto right, touch left beside right
5-8 Step forward on left, touch right beside, step back home on right, touch left heel out/clap

High impact alternative

STEP LEFT FORWARD, TOUCH RIGHT TOE BEHIND LEFT HEEL, STEP RIGHT HOME POSITION, LEFT HEEL FORWARD, STEP LEFT, TOUCH RIGHT, STEP RIGHT, LEFT HEEL

&5&6 Step left forward, touch right beside, step right home, left heel
&7&8 Step left forward, touch right beside, step right home, left heel

GRAPEVINE LEFT WITH ¼ TURN LEFT, 2 HIP BUMPS RIGHT, 2 HIP BUMPS LEFT

9-12 Step side left on left, cross right behind, step left ¼ turn to left, touch right toe beside left
13&14 Bump hips to right twice
15&16 Bump hips to left twice

REPEAT STEPS 1 TO 16 ONCE

17-32 Repeat from 1-16 above

WALK FORWARD RIGHT, LEFT, RIGHT, LEFT - PADDLE FULL TURN (TAPPING RIGHT HAND OVER HEART FOR CALENDAR GIRL)

33-36 Walk forward right, left, right, left (wiggle body, or cross over steps -strut your stuff!)
&37 Touch right toe forward taking weight on it, pivot ¼ turn left putting weight onto left
&38 Touch right toe forward taking weight on it, pivot ¼ turn left putting weight onto left
&39 Touch right toe forward taking weight on it, pivot ¼ turn left putting weight onto left
&40 Touch right toe forward taking weight on it, pivot ¼ turn left putting weight onto left

Waving arms over head revival style for the Ray Stevens' Squirrel Song

WALK FORWARD RIGHT, LEFT, RIGHT, LEFT - SHIMMY TO RIGHT WITH A STEP AND CLAP

41-44 Walk forward right, left, right, left (wiggle body, or cross over steps -strut your stuff!)
45-46 Stepping to the right on your right, shimmy shoulders and hips twice
47-48 Step left beside right, clap your hands (weight now on left)

SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER, SIDE SHUFFLE LEFT, ROCK BACK, RECOVER

49-52 Shuffle to right with right, left together, right, rock left behind right, recover weight on right
53-56 Shuffle to left with left, right together, left, rock right behind left, recover weight on left

4 HIP ROLLS MAKING A ¾ TURN (THREE-QUARTER TURN) TO THE LEFT

57-58 Step forward on right toe, pivot ¼ turn to left circling hips counter to the right, stepping weight onto left
59-60 Step forward on right toe, pivot ¼ turn to left circling hips counter to the right, stepping weight onto left
61-62 Step forward on right toe, pivot 1/8 turn to left circling hips counter to the right, stepping weight onto left
63-64 Step forward on right toe, pivot 1/8 turn to left circling hips counter to the right, stepping weight onto left

REPEAT

