

Squeeze

拍數: 104 牆數: 4 級數: Intermediate/Advanced
編舞者: The Kids
音樂: Squeeze Me In - Garth Brooks & Trisha Yearwood



- 1&2 Shuffle forward stepping right, left, right (angling diagonally right)
3-4 Step left to left side turning $\frac{1}{4}$ turn right, turn $\frac{1}{2}$ turn right & step right to right side
5-6 Step left to left side, kick right to right side
7&8 Step right behind left & step left to left side, step right across in front of left
- 1-2&3-4 Kick left to left side, step left behind right & step right to right side, step left across in front of right, kick right to right side
5-6-7-8 Step back on right, kick left to left side, step back on left, kick right to right side
- 1-2-3-4 Step forward on right, with weight on balls of both feet twist $\frac{1}{4}$ turn left, twist $\frac{1}{4}$ turn right ending weight on left, step back on right
5-6-7-8 Twist $\frac{1}{4}$ turn right, twist $\frac{1}{4}$ turn left weight on left, step forward on right, pivot turn $\frac{1}{2}$ turn left, weight on left
- 1-2-3-4 Right toe heel strut forward, left toe heel strut forward
5-6-7-8 Right toe heel strut forward (keeping weight. On left), two right heel bounces on the spot (with claps)
- 1-2-3-4 Stomp right beside left, kick right to right side, touch right toe over left, turn $\frac{1}{2}$ turn left (weight. On left)
5&6-7&8 Shuffle forward right, left, right turning $\frac{1}{2}$ turn left, shuffle back left, right, left turning $\frac{1}{2}$ turn left
- 1-2-3-4 Hitch right knee twisting both heels in, twist heels center stepping forward on right, hitch left knee twisting both heels in, twist heels center stepping forward on left
5-6-7-8 Repeat above 4 counts, these hitch twists steps are done with a bounce feel
- 1-2-3-4 Touch right toe to right side, touch right toe beside left, kick right forward, hook right over left shin
5-6-7-8 Rock forward on right, step back on left turning $\frac{1}{4}$ turn right, turning $\frac{1}{4}$ turn right step right to right side, step forward on left
- 1-2-3-4 Touch right toe to right side, touch right toe beside left, kick right forward, hook right over left shin
5-6-7-8 Right rock forward, step back on left turning $\frac{1}{4}$ turn right, step right forward, rock/step left to left side
- 1-2-3-4 Step right to right side, step left behind right, turn $\frac{1}{4}$ turn right step forward on right, step forward on left
5-6-7-8 Pivot turn $\frac{1}{2}$ turn right weight on left, turn $\frac{1}{4}$ turn right stepping left to left side, step right behind left, hold
- 1-2-3-4 Step left to left side, step right behind left, turn $\frac{1}{4}$ turn left step forward on left, step forward on right
5-6-7-8 Pivot turn $\frac{1}{2}$ turn left weight on right, turn $\frac{1}{4}$ turn left stepping right to right side, step left behind right, hold

- 1-2-3-4 Jump feet apart, jump feet together crossing right over left, jump feet apart, jump onto left foot turning ½ turn right & hooking right over left shin
- 5-6-7-8 Step forward on right, lock left behind right, step forward right, turn ½ turn right jump both feet apart
- 1-2-3-4 Bumps hips right twice, bumps hips left, bumps hips right
- 5-6-7-8 Bumps hips left twice, bumps hips right, bumps hips left
- 1-2-3-4 Step forward on right, pivot turn ¼ turn left, step forward on right, pivot turn ½ turn left (weight forward on left)

REPEAT

TAG

On wall 2, after 72 counts (right vine with turns, facing 3:00 wall)

- 1-2-3-4-5-6 Step left turning ¼ turn left, step forward on right, pivot turn ½ turn left (weight on left), turn ¼ turn left stepping right to side, flick and stomp left to left side, hold (looking left)

Restart dance from beginning: right shuffle forward (wall 3)

RESTART

On wall 5, after 40 counts (turning shuffles, facing 6:00 wall), restart dance from beginning: right shuffle forward.
