

# Square One

拍數: 32      牆數: 2      級數: Beginner east coast swing  
編舞者: Nancy McDavid (USA)  
音樂: Love Gets Me Every Time - Shania Twain



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## TOE STRUTS BACK

- 1-2            Right toe back/flatten heel
- 3-4            Left toe back/flatten heel
- 5-8            Repeat steps 1-4

## RIGHT VINE WITH ½ TURN RIGHT; WALK BACK WITH TOE TOUCH

- 9-12           Step right to right side, left behind, step right ¼ turn right, pivot on ball of right foot with left hitch to continue turning ¼ turn to right (use left toe touch next to right instep for balance, if needed, rather than hitch)
- 13-16          Walk backwards left, right, left, right toe touch

## RIGHT VINE WITH TOE TOUCH; LEFT LOCK STEP WITH STOMP

- 17-20          Step right to right side, left behind, step right to right side, left toe touch
- 21-24          Step left forward at 45 degree angle, lock right behind, step left forward, stomp right beside left

## HEEL SPLITS; SIDE TOE TOUCHES

- 25-28          On balls of both feet, open heels, close heels, open heels, close heels (end with weight on left foot)
- 29-32          Touch right toe to right side, step right next to left; touch left toe to left side, step left next to right

## REPEAT

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