

Spring Swing (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: The City Put the Country Back In Me - Neal McCoy



Position: Right open promenade, partners on opposite footwork. Man's steps are listed

FORWARD SHUFFLE, TO THE LEFT MILITARY PIVOT, SHUFFLE TURN

- 1&2 Shuffle forward (right, left, right)
3&4 Shuffle forward (left, right, left)
5-6 Release hands and step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot (facing RLOD)
7&8 Shuffle forward (right, left, right) making a ½ turn to the left on these steps

Partners end facing LOD back in right open promenade position - holding inside hands

ROCK STEP, FORWARD SHUFFLE WITH ¼ TURN TO THE RIGHT, ROCK STEP, SHUFFLE TURN

- 9-10 Step back on left foot; rock forward onto right foot
11&12 Shuffle forward (left, right, left) making a ¼ turn to the right on these steps
End in double hand hold position, partners facing each other; man facing OLOD / lady facing ILOD
13-14 Step back on right foot; rock forward onto left foot
15&16 Shuffle forward (right, left, right) making a ½ turn to the left on these steps

ROCK STEP, SHUFFLE TURN, ROCK STEP, SHUFFLE TURN

- 17-18 Step back on left foot; rock forward onto right foot
19&20 Shuffle forward (left, right, left) making a ½ turn to the right on these steps
21-22 Step back on right foot; rock forward onto left foot
23&24 Release hands and shuffle sideways to the right (right, left right) making a ¼ turn to the right on these steps (facing RLOD)

MILITARY PIVOT TO THE RIGHT, FORWARD SHUFFLE, FORWARD TRAVELING TURN, WALK, WALK

- 25-26 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot (facing LOD)
27&28 Shuffle forward (left, right, left)
29-30 Step forward on right foot and pivot ½ turn to the left on ball of right foot; pivot ½ turn to the left on ball of right foot and step forward on left foot

Partners end facing LOD back in right open promenade position - holding inside hands

- 31-32 Step forward on right foot. Step forward on left foot

REPEAT