

Spontaneous Combustion

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 1 級數: Intermediate/Advanced
編舞者: Trevor Smith (AUS)
音樂: Fat Sally Lee - Rednex



- &1 Step right foot in behind left hitching right knee & sliding left foot slightly forward
- &2 Step left foot in behind right hitching left knee & sliding right foot slightly forward
- 3-4 Stomp right heel forward twice
- 5-8 Repeat above steps &1 &2-3-4

- &9 Jump forward onto right foot at 45 degrees right tapping left toe behind
- &10 Jump backwards onto left foot at 45 degrees left tapping right toe in front of left
- 11-12 Repeat steps &9-&10
- &13 Scoot forward at 45 degrees right on left foot tapping right toe followed by right knee hitch
- 14-15 Repeat step &13 twice more
- &16 Scoot forward at 45 degrees right on left foot stepping down onto right

- &17 Jump forward onto left foot at 45 degrees left tapping right toe behind
- &18 Jump backwards onto right foot at 45 degrees right tapping left toe in front of right
- 19-20 Repeat steps &17-&18
- &21 Scoot forward at 45 degrees left on right foot tapping left toe followed by left knee hitch
- 22-23 Repeat step &21 twice more
- &24 Jump slightly forward onto both feet landing with knees bent & slapping knees at the same time

The following full turns are performed while traveling along floor to right

- 25 Step right onto right foot to commence turns
- 26 Step onto left foot to continue turn
- 27 Step onto right foot to continue turn
- 28 Step onto left foot to continue turn
- 29 Step onto right foot to complete turn
- 30 Step forward onto left foot

- 31-32 Hitch right knee, kick right foot forward and up
- 33-34 Cross right foot over in front of left, step left onto left foot
- 35 Pivot a ½ turn right
- 36 Jump slightly forward onto both feet while bending knees & slapping both knees with both hands

The following full turns are performed while traveling along floor to left

- 37 Step left onto left foot to commence turns
- 38 Step onto right foot to continue turn
- 39 Step onto left foot to continue turn
- 40 Step onto right foot to continue turn
- 41 Step onto left foot to complete turn
- 42 Step forward onto right foot

- 43-44 Hitch left knee, kick left foot forward and up
- 45-46 Cross left foot over in front of right, step right onto right foot
- 47 Pivot a ½ turn left
- 48 Jump slightly forward onto both feet while bending knees & slapping both knees with both hands

- &49 Scoot backwards on left foot as you hitch right knee then stepping down on right foot behind left
- &50 Scoot backwards on right foot as you hitch left knee then stepping down on left foot behind right
- 51-52 Repeat steps &49-&50
- 53 Step forward onto right foot as you pull on imaginary reins
- 54 Hitch left leg as you pull reins into your waist
- 55 Step forward onto left foot
- 56 Step right foot in beside left
- 57 Rock backwards on heel as you grab imaginary reins with toe splits
- 58 Return feet to floor
- 59 Jump feet apart as you travel backwards slightly
- 60 Jump feet together as you travel backwards slightly
- 61-64 Repeat steps 57 to 60
- 65 Rock backwards on heel as you grab imaginary reins with toe splits
- 66 Return feet to floor
- 67 Kick right foot forward at 45 degrees right
- 68 Swing right foot across in front of left leg & slap heel with left hand
- 69 Kick right foot forward at 45 degrees right
- 70 Swing right foot behind left leg & slap heel with left hand
- 71 Jump backwards onto right foot
- 72 Step left foot in beside right placing weight onto it

REPEAT
