

Spoiled

拍數: 72 牆數: 4 級數: Advanced waltz
編舞者: Masters In Line (UK)
音樂: Spoiled - Joss Stone



Use the version from the Body & Soul CD. The Now 60 version does not work

STEP BACK ½ TURN, FULL ATTITUDE LUNGE FORWARD LEFT STEP BACK

- 1 Step back left
- 2 Make ½ turn right step onto right
- 3 On ball of right full attitude turn right

Easy option: no turn, hold

- 4 Rock forward on left
- 5 Rock back on right
- 6 Step back on left

FULL TURN RIGHT, ROCK & HITCH

- 1 Make ½ turn right step onto right
- 2-3 Make ½ turn right on ball of right left leg with a figure 4, hold
- 4 Rock left over right (7:30)
- 5 Recover back onto right
- 6 Hitch left knee (6:00)

CROSS LEFT BEHIND, SIDE, CROSS, LONG STEP RIGHT DRAG

- 1 Cross left behind right
- 2 Step right to right side
- 3 Cross left over right
- 4 Step right to right side
- 5 Drag left to right
- 6 Hold

¾ TURN LEFT BODY CHECK (SPIRAL TURN RIGHT TWICE)

- 1 Make ¼ turn left step on left
- 2 Make ½ turn left step back on right
- 3 Rotate top body ¼ turn left
- 4-5 1 ¾ spiral turn to right on left

Easy option: ¾ turn

- 6 Sweep right behind left (toward 1:30 facing 6:00)

RIGHT REVERSE TWINKLE, CROSS BEHIND ½ TURNS TWICE ¼ TURN SWEEP

- 1 Step right diagonally back left
- 2 Step left diagonally back left
- 3 Close right next to left then step right diagonally back right
- 4 Step left diagonally behind right
- 5 Step right to right side
- 6 Make ½ turn right step left to left side
- 1-5 Repeat 1-5 facing opposite wall
- 6 Make ½ turn right on ball of right sweeping left foot around

DIAGONAL LUNGE X 4

- 1 Rock left diagonally forward (7:30)
- 2 Recover back onto right

- 3 Make ½ turn left step onto left (1:30)
- 4 Rock right forward
- 5 Recover back onto left
- 6 Make ¼ turn right step onto right (4:30)

DIAGONAL LUNGE X 4

- 1 Rock left diagonally forward (7:30)
- 2 Recover back onto right
- 3 Make ½ turn left step onto left (1:30)
- 4 Rock right forward
- 5 Recover back onto left
- 6 Make ½ turn right step onto right (4:30)
- & Step left next to right

FULL PIVOT TURN RIGHT, ½ PIVOT TURN

- 1 Make full turn right
- 2-3 Hold
- 4 Step forward right
- 5 Step forward left
- 6 Make ½ turn right step forward right (10:30)

STEP FORWARD LEFT STEP FORWARD RIGHT FULL SPIRAL TURN LEFT HOLD SWEEP ¼ TURN LEFT

- 1 Step forward left
- 2 Step forward right
- 3 Full spiral turn left on ball of right
- 4 Step forward left onto left
- 5 Make 3/8 turn left sweeping right (6:00)
- 6 Finish sweeping right in front of left no weight

CROSS SIDE BEHIND, ¾ TURN LEFT

- 1 Cross right over left
- 2 Step left to left side
- 3 Cross right behind left
- 4 Make ¼ turn left, step forward left (3:00)
- 5 Step forward onto right
- 6 Make ½ turn left step forward left (9:00)

STEP FORWARD, FULL TURN RIGHT STEP FORWARD TOGETHER HOLD

- 1 Step forward right
- 2 Make ½ turn right stepping back on left (3:00)
- 3 Make ½ turn right stepping forward right (9:00)
- 4 Step forward left
- 5 Step right next to left
- 6 Hold

REPEAT
