

# Spirit Of The Hawk

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Val Reeves (UK)  
音樂: The Spirit of the Hawk - Rednex



## HEEL HOOK, KICK BALL CHANGE, ROCK AND TRIPLE TURN

1-2            Right heel forward, hook under left knee  
3&4           Right kick forward, step on right change to left  
5-6           Right rock forward, rock back on left  
7&8           Turning ½ turn right on right triple step

## HEEL HOOK, KICK BALL CHANGE, ROCK AND TRIPLE TURN

9-10           Left heel forward, hook under right knee  
11&12        Left kick forward, step on left change to right  
13-14        Left rock forward, rock back on right  
15&16        Turning ½ turn left on left triple step

## ROCKING CHAIR, VINE, ROCK

17-20        Rock forward on right, rock back on left, rock back on right, rock forward on left  
21-24        Right step right, left step behind right, right step right, left rock across right

## STEP, TURN, PIVOT TURN

25-26        Rock back on right, left step left turning ¼ turn left  
27-28        Right step forward, pivot turn ½ turn left

## STOMP FRONT, BEHIND, ROCK HIPS/SHOULDERS

29-30        Right stomp forward, left stomp behind right  
31&32        Shake hips and shoulders  
33-34        Left stomp forward, right stomp behind  
35&36        Shake hips and shoulders

## STEP, PIVOT TURN, SHUFFLE FORWARD

37-38        Right step forward, pivot turn ½ turn left  
39&40        Right shuffle forward

## STEP, SCUFF, STEP BACK, LASSO

41-42        Left step forward, right scuff up  
43&44        Right step back, (weight stays on right) right arm in the air and lasso

## SLOW COASTER, DOUBLE STOMP

45-46        Left step back, right step beside left  
47&48        Left step forward, stomp right twice

## ROCK FORWARD, BACK COASTER, ROCK FORWARD, BACK COASTER

49-50        Right rock forward, rock back on left  
51&52        Right step back, left step beside right, right step forward  
53-54        Left rock forward, rock back on right  
55&56        Left step back, right step beside left, left step forward

## ROCK AND TRIPLE TURN, TRIPLE TURN, JUMP BACK AND CLAP

57-58        Right rock forward, rock back on left  
59&60        Right triple step turning ½ turn right

61&62            Left triple step turning  $\frac{1}{2}$  right  
&63&64           Right step back, left step back, feet slightly apart, clap hands

**REPEAT**

**There is a change in tempo but just dance through it keeping the beat**

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