

Spinning Wheel Waltz

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Phrased Beginner Waltz
編舞者: Rita Masur (CAN)
音樂: The Spinning Wheel Waltz - Phil Coulter : (CD: A Touch of Tranquility)



Sequence: (6-count intro) AB, AB, CB, CAB, CB, CA, ENDING
The dance starts after the first six beats of music beginning with Part A

((PART A))

FORWARD TURN ½ LEFT, BACK WALTZ, FORWARD TURN ½ LEFT, BACK WALTZ

1-2-3 Step left forward turning ½ left, step right together, step left together

4-5-6 Step right back, step left together, step right together

1-2-3 Step left forward turning ½ left, step right together, step left together

4-5-6 Step right back, step left together, step right together

((PART B))

FORWARD & BACK WALTZ

1-2-3 Step left forward, step right together, step left together

4-5-6 Step right back, step left together, step right together

¼ TURNING WALTZ STEPS

1-2-3 Turn ¼ left and step left forward, step right together, step left together

4-5-6 Step right back, step left together, step right together

1 – 6 REPEAT those 6 counts

1 – 6 REPEAT those 6 counts (3 o'clock)

BALANCES LEFT AND RIGHT

1-2-3 Step left to side, rock right behind left, recover on left

4-5-6 Step right to side, rock left behind right, recover on right

PROGRESSIVE BOX FORWARD AND PROGRESSIVE BOX BACK

1-2-3 Step left forward, step right to side, step left together

4-5-6 Step right forward, step left to side, step right together

1-2-3 Step left back, step right to side, step left together

4-5-6 Step right back, step left to side, step right together

CROSS ROCK, RECOVER, STEP; CROSS ROCK, RECOVER, STEP

1-2-3 Cross rock left over right, recover on right, step left together

4-5-6 Cross rock right over left, recover on left, step right together

((PART C))

CANTER STEP

1-2-3 Step big step to left side (1 count), drag/step right together (2 counts)

(weight on right)

ENDING:

TURNING ¼ left (facing 12 o'clock) –

1-2-3 Basic waltz fwd (L-R-L)

4-5-6 Basic waltz back (R-L-R)

1-2-3 Basic waltz fwd (L-R-L)

4-5-6 Big step to right side (1 count), drag left slowly towards right (2 counts)

as the music fades out

Last Revision - 3rd September 2012

Last Update: 17 Mar 2023
