

Spinning Around

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jazzie Rhoades
音樂: Spinning Around - Kylie Minogue



KICK STEP CROSS, TAP TAP CROSS, HIP BUMPS

1&2 Kick right foot diagonally right, step onto right foot, cross left over right
3&4 Touch right foot beside left twice, point right foot to right side
&5&6 Bump hips: left, right, left, right
&7&8 Bump hips: left, right, left, right (stepping weight onto right)

SAILOR TURN, HEEL TAPS, TOE SWITCHES, TURN ¼ LEFT, BODY ROLL

1&2 Cross left behind right turning ¼ turn left, step right beside left, step left foot forward
3&4 Tap right heel forward, step right beside left, tap left heel forward
&5&6 Step left beside right, point right to right side, step right beside left, point left to left side
&7-8 Turn ¼ turn left on ball of right foot, keeping weight on right foot, and body roll up transferring weight onto left foot

KICK AND HEEL, CROSS UNWIND ¾, SLIDE, AND HEEL AND TOUCH

1&2 Kick right foot forward, step right beside left, tap left heel forward
&3-4 Step left beside right, cross right over left, unwind ¾ anti to the right
5-6 Step largely to right side, slide left to right side
&7&8 Step back on left, tap right heel forward, step right slightly in front of left, touch left beside right

MASHED POTATOES, STEP LOCK STEP, SPIN

&1&2 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right
&3&4 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right
5&6 Step right foot forward, lock left behind right, step right foot forward
7&8 Step back on left foot turning ½ turn to the right, step forward on right foot turning ½ turn to the right, step left foot forward

REPEAT
