

Spinnin'

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Jodi Wittman (USA)
音樂: Life Goes On - Little Texas



SIDE STEPS AND HEEL TOUCHES:

- 1 Step right to side
- 2 Step left together
- 3 Step right to side
- 4 Touch left heel forward at 10 o'clock
- 5 Step left to side
- 6 Step right together
- 7 Step left to side
- 8 Touch right heel forward at 2 o'clock

"PLANTING"

- 9-10 Step right down, even with right shoulder
- 11-12 Scuff/swing left leg out to the left, place down even with left shoulder

HIP ROLLS

- 13-16 Roll hips to the left twice

SHUFFLES

- 17-19 Shuffle to right-right, left, right
- &20 Left rock/recover behind right
- 21-23 Shuffle to left-left, right, left
- &24 Right rock/recover behind left

Keep weight on left foot

SPINNIN'-THREE MILITARY PIVOTS ON BALL OF LEFT FOOT:

- 25 Step right forward
- 26 ½ military pivot to left
- 27 Step right forward
- 28 ½ military pivot to left
- 29 Step right forward
- 30 ½ military pivot to left

STOMPS

- 31 Stomp right
- 32 Stomp left

REPEAT
