

Spin-Dizzy

拍數: 60 牆數: 4 級數: Improver
編舞者: Dave "The Rave" Blake (UK)
音樂: Someone Should Tell Her - The Mavericks



TOE STRUTS (FORWARD)

1-2 Right toe, heel
3-4 Left toe, heel
5-6 Right toe, heel
7-8 Left toe, heel

Styling: finger snaps while toe strutting

MONTEREY TURN

9 Touch right toe to right side
&10 Make ½ turn right on ball of left foot, right foot next to left on completion of turn
11 Touch left toe to left side
12 Step left foot next to right
13-16 Repeat above steps

TOE STRUTS (BACK)

17-18 Right toe, heel
19-20 Left toe, heel
21-22 Right toe, heel
23-24 Left toe, heel

MONTEREY TURN

25 Touch right toe to right side
&26 Make ½ turn right on ball of left foot, right foot next to left on completion of turn
27 Touch left toe to left side
28 Step left foot next to right
28-32 Repeat above steps

VINE RIGHT, SCUFF, VINE LEFT ¼ TURN STOMP

33-34 Step right foot to right side, step left foot behind right
35-36 Step right to right side, scuff left foot next to right foot
37-38 Step left foot to left side, step right foot behind left
39-40 Step left foot to left while making a ¼ turn left, stomp right foot next to left
37-40 should be replaced with a rolling vine / turn, where possible

STEP ½ PIVOT, STEP ½ PIVOT

41-42 Step forward on right foot, pivot ½ turn left
43-44 Step forward on right foot, pivot ½ turn left

TOE POINTS CROSS-OVER, UNWIND

45 Point right toe to right side
& Step right foot next to left
46 Point left toe to left side
47-48 Cross left foot over right, unwind ½ turn over right shoulder
49-52 Repeat above steps

SIDE STEPS RIGHT WITH SHOULDER SHIMMIES OR HIP THRUSTS

53-54 Right foot steps to right side - shimmying shoulders at the same time

55-56 Close the left to the right and pause for one beat
57-60 Repeat above steps

REPEAT
