

Speed Of Flight Waltz

拍數: 60 牆數: 4 級數: Intermediate waltz
編舞者: Caz Robertson (UK)
音樂: Speed of Flight - Tracy Lawrence



LEFT TWINKLE, BASIC BACK TWICE

1-3 Cross left over right, step right to right, step left next to right
4-6 Step right back, step left next to right, step right in place
7-9 Cross left over right, step right to right, step left next to right
10-12 Step right back, step left next to right, step right in place

LEFT TWINKLE, RIGHT TWINKLE ¼ TURN RIGHT, BASIC FORWARD, BASIC BACK

13-15 Cross left over right, step right to right, step left next to right
16-18 Cross right over left, make ¼ turn right stepping back on left, step right to right (3:00)
19-21 Step left forward, step right next to left, step left in place
22-24 Step right back, step left next to right, step right in place

STEP, LIFT/CROSS, STEP, BACK, SIDE, TOGETHER TWICE

25-27 Step left forward, lift and cross right over left, step right next to left (legs crossed)
28-30 Step left back, step right to right, step left next to right
31-33 Step right forward, lift and cross left over right, step left next to right (legs crossed)
34-36 Step right back, step left to left, step right next to left

DIAGONAL STEP, HOLD, STEP, BASIC DIAGONAL FORWARD TWICE

37-39 Step left forward to left diagonal, hold, step right next to left
40-42 Step left forward to left diagonal, step right next to left, step left forward to left diagonal
43-45 Step right forward to right diagonal, hold, step left next to right
46-48 Step right forward to right diagonal, step left next to right, step right forward to right diagonal

BASIC DIAGONAL BACK TWICE, BASIC ½ TURN LEFT, RIGHT TWINKLE

49-51 Step left back to left diagonal, step right next to left, step left in place
52-54 Step right back to right diagonal, step left next to right, step right in place
55-57 Making ½ turn left step left forward, step right next to left, step left in place (9:00)
58-60 Cross right over left, step left to left, step right in place

REPEAT
