

# Speed Of A Fool

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Gary Parker (AUS) & Cheryl Parker (AUS)  
音樂: Speed of a Fool - Tracy Lawrence



## SIDE, BEHIND, SIDE-CROSS-SIDE, SHUFFLE FORWARD, STEP, ½ TURN

1-2      Step right to right side, step left behind right  
&3-4      Step right to right side, step left over right, step right to right side  
5&6      Shuffle forward left-right-left  
7-8      Step forward right pivot ½ turn left (weight on left)

## STEP, STEP, SHUFFLE FORWARD, ROCK-STEP, COASTER STEP

1-2      Step forward right, step forward left  
3&4      Shuffle forward right-left-right  
5-6      Step forward left, return weight on right in place  
7&8      Step back left, step right beside left, step forward left (coaster step)

## TRAVELING FORWARD - HEEL-BALL-STEP, HEEL-BALL-STEP, ¾ TURN, SHUFFLE FORWARD

1&2      Touch right heel forward, step back on ball of right, step forward left  
3&4      Touch right heel forward, step back on ball of right, step forward left  
5      Step forward onto ball of right and commence ¾ turn left  
6      Complete ¾ turn stepping forward onto left  
7&8      Shuffle forward right-left-right

## ROCK-STEP, COASTER STEP, ½ TURN, ½ TURN

1&2      Step forward left, return weight on right in place  
3&4      Step back left, step right beside left, step forward left (coaster step)  
5-6      Step forward right, pivot ½ turn left  
7-8      Step forward right, pivot ½ turn left (weight on left)

REPEAT

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