

Speechless

COPPER KNOB
STEPPEDETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Donna White (USA)
音樂: Speechless - Macy Gray



Sequence: A, B, A, Tag #1, A, B, A, Tag #1, A, Tag #2, A, A, B, B, A

SECTION A

SAILOR RIGHT, SAILOR LEFT, STEP LOCK RIGHT, TOUCH LEFT

- 1&2 Step right behind left, recover on left, step right to right side
3&4 Step left behind right, recover on right, step left to left side
5-8 Step forward right, lock left in behind right, step right forward, touch left beside right (do these step angled to the left)

LEFT LOCK STEP, POINT RIGHT SIDE, POINT LEFT SIDE, POINT RIGHT SIDE, STEP RIGHT FORWARD

- 1-4 Step forward left, lock right in behind left, step left forward, touch right beside left (do these steps angled to the right)
5&6&7-8 Point right to right side, bring right together beside left, point left to left side, bring together, point right to right side, step right forward with weight

½ TURN LEFT TWISTING HEELS, POINT RIGHT FORWARD, POINT RIGHT SIDE, RIGHT COASTER STEP

- 1&2&3&4 Make ½ turn slowly while twisting your feet double time to the right side and back to center
5-6-7&8 Point right toe forward, point right toe right side, back right, back left beside right, step forward right

POINT LEFT FORWARD, POINT LEFT SIDE, LEFT COASTER STEP, STEP ½ TURN, STEP ¼ TURN

- 1-2-3&4 Point left toe forward, point left toe left side, back left, back right beside left, step forward left
5-8 Step forward right, pivot ½ turn left(weight on left)step forward right ¼ turn left

SECTION B

SYNCOPATED WEAVE LEFT, TOUCH LEFT BESIDE RIGHT, CROSS ROCK, RECOVER SIDE, BACK & STEP LEFT BESIDE RIGHT

- 1&2&3&4 Left behind right, step right to right side, left in front right, step right to right side, left behind right, step right to right side, touch left beside right
5&6&7&8 Rock across right with left, recover right, rock left to left side, recover rock back left, step left beside right(with weight)

SYNCOPATED WEAVE LEFT, TOUCH RIGHT BESIDE LEFT, CROSS ROCK RECOVER FORWARD, SIDE, BACK AND TOUCH RIGHT BESIDE LEFT

- 1&2&3&4 Right behind left, step left to left side, right in front left, step left to left side, right behind left, step left to left side, touch right beside left
5&6&7&8 Rock across left with right, recover, rock right to right side, recover, rock back right, touch right beside left (no weight)

TAG #1

TOUCH RIGHT TOE, STEP, ½ TURN LEFT TOUCHING LEFT TOE, STEP, TOUCH RIGHT TOE, STEP, ½ TURN LEFT TOUCHING LEFT TOE, STEP

- 1-2-3-4 Touch right toe forward, then lower heel, ½ turn left while touching left toe forward, lower heel
5-6-7-8 Touch right toe forward, then lower heel, ½ turn left while touching left toe forward, lower heel

TAG #2

Do a 4 count hip rotation to the right, but make sure you end with the weight on the left so you can start the dance again
