

Special Request

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Allan Watson (AUS)
音樂: Rockin' The Rock - Larry Stewart



HEEL SPLITS

1-2 Spread heels apart, bring heels together
3-4 Spread heels apart, bring heels together

BRUSH UPS

5-6 Touch right heel 45 degrees right, brush up to left knee
7-8 Touch right heel 45 degrees right, step right together (taking the weight)
9-10 Touch left heel 45 degrees left, brush up to right knee
11-12 Touch left heel 45 degrees left, touch left together (no weight on left)

VINE & ¼ TURN

13-14 Step left to side, step right behind left
15-16 Step left to side turning ¼ turn left, touch right beside left (no weight change)

CHARLESTON KICKS

17-18 Step forward on right, kick left forward
19-20 Step back on left, touch right toe back
21-22 Step forward on right, kick left forward
23-24 Step back on left, touch right toe back

VINES

25-26 Step right to side, step left behind right
27-28 Step right to side, touch left beside right
29-30 Step left to side, step right behind left
31-32 Step left to side, touch right beside

WALK BACKWARD

33-34 Step back on right, clap
35-36 Step back on left, clap
37-38 Step back on right, clap
39-40 Step back on left, clap

LOCK STEPS

41-42 Step forward on right, lock left behind right
43-44 Step forward on right, scuff left beside right
45-46 Step forward on left, lock right behind left
47-48 Step forward on left, stomp right beside left

REPEAT
