

Spanish Lullaby

拍數: 32 牆數: 4 級數:
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: La Isla Bonita - Madonna



RIGHT & LEFT FORWARD SKATE STEPS, RIGHT & LEFT HEEL SWITCHES, RIGHT & LEFT FORWARD SKATE STEPS, RIGHT & LEFT HEEL SWITCHES

- 1-2 Step right forward on right diagonal, step left forward on left diagonal
3&4& Touch right heel forward, step right together, touch left heel forward, step left together
5-6 Step right forward on right diagonal, step left forward on left diagonal
7&8& Touch right heel forward, step right together, touch left heel forward, step left together

RIGHT CROSS OVER TRIPLE, LEFT CROSS OVER TRIPLE WITH ¼ LEFT TURN, RIGHT CROSS OVER TRIPLE, LEFT CROSS STEP, ¼ LEFT & RIGHT HITCH

- 1&2 Cross step right over left turning on left diagonal, step left back, step right to right side turning towards right diagonal
3&4 Cross step left over right (still on right diagonal), step right back turning ¼ left (to face side wall), step left to left side
5&6 Cross step right over left turning to left diagonal, step left back, step right to right side turning towards right diagonal
7-8 Cross step left over right, turn ¼ left on ball of left foot & hitch right knee up (to face back wall)

RIGHT FORWARD MAMBO STEP, LEFT BACK COASTER STEP, RIGHT & LEFT FORWARD MAMBO CROSS STEPS

- 1&2 Rock right forward, recover weight on left, step right together
3&4 Step left back, step right together, step left together
5&6 Rock right to right side, recover weight on left, cross step right over left
7&8 Rock left to left side, recover weight on right, cross step left over right

SYNCOPATED ½ LEFT PIVOT TURN, FORWARD LEFT LOCKING TRIPLE, SYNCOPATED ¾ LEFT TURN, LEFT SAILOR STEP

- 1&2 Step right forward, pivot ½ left, step right forward
3&4 Step left forward, lock right behind left, step left forward
5&6 Step right forward, pivot ½ left, turning ¼ left step right to right side
7&8 Cross step left behind right, step right slightly to right side, step left slightly forward

REPEAT
