

Spanish Delight

拍數: 0 牆數: 0 級數:
編舞者: Jimmy Karlsson (SWE)
音樂: Spanish delight - Javiera



Sequence: AB, AB, AB, AB, AA, B, AA, Finish

PART A

KICKS, SAILOR STEP, KICKS, SAILOR STEP, STEP, LOCK, SHUFFLE, ½ STEP TURN, ½ SHUFFLE TURN

1-2 Kick right foot forward, kick right foot to right side
3&4 Cross right behind left, step left to left side, step right to right side
5-6 Kick left foot forward, kick left foot to left side
7&8 Cross left behind right, step right to right side, step left to left side
1-2 Step right foot forward, lock left foot behind right
3&4 Step right foot forward, slide left next to right, step right foot forward
5-6 Step left foot forward, turn ½ to right (weight ends on right)
7&8 Step left foot forward as you turn ¼ right, slide right next to left as you finish the turn, step back on left

BACK ROCK, KICK BALL CROSS, ROCKING HIP SWAYS AND CROSS, ¼ SAILOR TURN, LOCK SHUFFLES

1-2 Rock back on right foot, recover weight on left foot
3&4 Kick right foot forward, step back on right, cross left over right
5-6 Rock right foot to right side, recover weight on left foot (hip sways)
7&8 Rock right foot to right side, recover weight on left foot, cross right over left
1-2 Rock left foot to left side, recover weight on right foot (hip sways)
3&4 Cross left foot behind right, step right foot to right side as you turn ¼ left, step left foot to left side
5&6 Step right foot forward, lock left behind right, step right foot forward
7&8 Step left foot forward, lock right behind left, step left foot forward

PART B

WALKS AND CLAPS

1-2-3 Walk forward right-left-right
&4 Clap twice above left shoulder
5-6-7 Step left foot forward, turn ¼ right, step left foot forward
&8 Clap twice above right shoulder
1-2-3 Step right foot forward, turn ½ left, step right foot forward
&4 Clap twice above left shoulder
5-6-7 Walk forward left-right-left
&8 Clap twice above right shoulder

FINISH

After the sequence is done, stomp right foot to right side and spread down your arms to each side and flick your head down. All this is done in one beat.