

# Sowin' Oats

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Al Ord (UK)  
音樂: Cotton Pickin' Time - Blake Shelton



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## RIGHT MAMBO FORWARD, LEFT MAMBO BACK, TURN, TURN, STEP, PIVOT, STEP

1&2      Rock forward on right, recover back onto left, step back on right  
3&4      Rock back on left, recover forward onto right, step forward left  
5-6      Step forward right making  $\frac{1}{2}$  turn left, step back left making further  $\frac{1}{2}$  turn left  
7&8      Step forward right, pivot  $\frac{1}{2}$  turn left, step forward right

## LEFT MAMBO FORWARD, RIGHT MAMBO BACK, TURN, TURN, STEP, PIVOT STEP

9&10      Rock forward on left, recover back onto right, step back on left  
11&12      Rock back on right, recover forward onto left, step forward right  
13-14      Step forward left making  $\frac{1}{2}$  turn right, step back right making further  $\frac{1}{2}$  turn right  
15&16      Step forward left, pivot  $\frac{1}{2}$  turn right, step forward left

## CROSS SIDE, SAILOR, $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, BEHIND, SAILOR STEP

17-18      Cross right over left, step left to left side  
19&20      Sweep right behind left making  $\frac{1}{4}$  turn right, step forward left, step right beside left  
21-22      Step left to left side making  $\frac{1}{4}$  turn right, step right behind left  
23&24      Sweep left behind right, step right beside left, step left forward

## STEP, PIVOT, STEP, LOCK STEP, ROCK, RECOVER, SHUFFLE $\frac{1}{2}$ TURN

25-26      Step forward on right, pivot  $\frac{1}{2}$  turn left  
27&28      Step forward right, lock left behind right, step forward right  
29-30      Rock forward on left, recover back onto right  
31&32      Step back left making  $\frac{1}{4}$  turn left, step right beside left making  $\frac{1}{4}$  turn left, step left beside right

## REPEAT

## TAG

Danced at end of 3rd and 6th walls

## STEP, PIVOT, STEP, STEP, PIVOT, STEP

1&2      Step forward right, pivot  $\frac{1}{2}$  turn left, step forward right  
3&4      Step forward left, pivot  $\frac{1}{2}$  turn right, step forward left

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