South County Shuffle

級數: Improver

編舞者: Linda Brown (USA) & Charlie Brown (USA)

音樂: I'm from the Country - Tracy Byrd

KICKS, TRIPLES IN PLACE

拍數: 48

- 1 Kick right foot forward
- 2 Kick right foot to the right
- 3&4 Triple step in place (right-left-right)
- 5 Kick left foot forward
- 6 Kick left foot to the left
- 7&8 Triple step in place (left-right-left)

SHUFFLE FORWARD, TURNING SHUFFLE, VINE RIGHT, STOMP

- 9&10 Shuffle forward (right-left-right)
- 11&12 Shuffle forward (right-left-right) making a ¹/₂ turn to the right
- 13 Step to the right on right foot
- 14 Cross left foot behind right and step
- 15 Step to the right on right foot
- 16 Stomp left foot next to right (stomp down)

RAMBLES WITH HOLDS & CLAPS

- 17 Swivel both heels to the left
- 18 Swivel both toes to the left
- 19 Swivel both heels to the left
- 20 Hold and clap hands
- 21 Swivel both heels to the right
- 22 Swivel both toes to the right
- 23 Swivel both heels to the right
- 24 Hold and clap hands

RIGHT KICK-BALL CHANGES, MILITARY PIVOTS TO THE LEFT

- 25 Kick right foot forward
- & Step on ball of right foot next to left
- 26 Shift weight onto left foot
- 27&28 Repeat beats 25&26
- 29 Step forward on right foot
- 30 Pivot ¹/₂ turn to the left on ball of right foot and shift weight to left foot
- 31-32 Repeat beats 29-30

TURNING JAZZ SQUARE, JAZZ SQUARE, STOMP

- 33 Cross right foot over left and step
- 34 Step back onto left foot in place
- 35 Step slightly to the right on right foot making a turn to the right with the step
- 36 Step left foot next to right
- 37 Cross right toot over left and step
- 38 Step back onto left foot in place
- 39 Step slightly to the right on right foot
- 40 Stomp left foot next to right and yell "whoo!"

1/4 MONTEREY TURNS





牆數:4

皆數:4

- 41 Touch right toe to the right
- 42 Pivot ¼ turn to the right on ball of left foot and step right foot next to left
- 43 Touch left toe to the left
- 44 Step left foot next to right
- 45-48 Repeat beats 41-44

REPEAT