

# Sousa Shuffle

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Beginner  
編舞者: Knox Rhine (USA)  
音樂: Stars And Stripes Forever - John Philip Sousa



## SHUFFLE FORWARD (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), STOMP, KICK

1            Step forward with right foot  
&            Step together with left foot next to right foot  
2            Step forward with right foot  
3            Step forward with left foot  
&            Step together with right foot next to left foot  
4            Step forward with left foot  
5            Stomp (up) with right foot next to left foot  
6            Kick right foot forward

## SHUFFLE BACK (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), ROCK, STEP

7            Step back with right foot  
&            Step together with left foot next to right foot  
8            Step back with right foot  
9            Step back with left foot  
&            Step together with right foot next to left foot  
10           Step back with left foot  
11           Step back with right foot  
12           Rock forward onto left foot

## SHUFFLE FORWARD (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), STOMP, KICK

13           Step forward with right foot  
&            Step together with left foot next to right foot  
14           Step forward with right foot  
15           Step forward with left foot  
&            Step together with right foot next to left foot  
16           Step forward with left foot  
17           Stomp (up) with right foot next to left foot  
18           Kick right foot forward

## SHUFFLE BACK (RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT), ROCK, STEP

19           Step back with right foot  
&            Step together with left foot next to right foot  
20           Step back with right foot  
21           Step back with left foot  
&            Step together with right foot next to left foot  
22           Step back with left foot  
23           Step back with right foot  
24           Rock forward onto left foot

## POTTY SHUFFLE LEFT

25           Step across in front of left leg with right foot  
&            Step to left side with left foot  
26           Step across in front of left leg with right foot  
&            Step to left side with left foot  
27           Step across in front of left leg with right foot

- & Step to left side with left foot  
28 Step across in front of left leg with right foot

**STOMP, KICK, CROSS, ½ TURN**

- 29 Stomp (up) with left foot next to right foot  
30 Kick left foot forward  
31 Step across in front of right leg with left foot  
32 Unwind ½ turn right on balls of both feet, end with weight on left foot

**POTTY SHUFFLE LEFT**

- 33 Step across in front of left leg with right foot  
& Step to left side with left foot  
34 Step across in front of left leg with right foot  
& Step to left side with left foot  
35 Step across in front of left leg with right foot  
& Step to left side with left foot  
36 Step across in front of left leg with right foot

**STOMP, KICK, CROSS, ½ TURN**

- 37 Stomp (up) with left foot next to right foot  
38 Kick left foot forward  
39 Step across in front of right leg with left foot  
40 Unwind ½ turn right on balls of both feet, end with weight on left foot

**RIGHT HEEL, ¼ TURN LEFT, LEFT HEEL, ¼ TURN RIGHT**

- 41 Step forward with right heel  
42 Pivot ¼ turn left on ball of left foot and heel of right foot, drop right toe down  
43 Step forward with heel of left foot  
44 Pivot ¼ turn right on ball of right foot and heel of left foot, drop left toe down

**RIGHT TOE BACK, ½ TURN RIGHT, LEFT HEEL FORWARD, TOE DROP**

- 45 Step back with toe of right foot  
46 Pivot ½ turn right on balls of both feet, drop right heel down  
47 Step forward with left heel  
48 Drop left toe down.

**REPEAT**

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