

Sour Sixteen

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Amanda Delisle (USA)
音樂: Sweet Sixteen - Hilary Duff



STEP TOUCH, KICK BALL CROSS, SLIDE, COASTER STEP

1-2 Step right to right side, touch left next to right
3&4 Kick left 450 to left, step left next to right, cross right over left
5-6 Step left to left, slide right to left
7&8 Step right back, step left next to right, step right forward

WALKS FORWARD, STEP TOUCH, ROCK & CROSS

9-12 Brush left forward, step left forward, brush right forward, step right forward
13-14 Step left to left side, touch right next to left
15&16 Rock right to right side, recover weight to left, cross right over left

¼ TURN, PRESS, KICK, CROSS TOUCH, & TOUCH, ¼ TURN

17-18 Brush left forward, step left making ¼ turn to left
19-20 Press right to right side, kick right to right side while recovering weight to left
21-22 Cross right behind left, touch left to left side
&23&24 Step left next to right, touch right to right side, turn ¼ to right, sit into hips

STEP TOUCH, MONTEREY TURN, CROSS RONDE, SAILOR CROSS

25-26 Step on right foot, touch left to left side
27-28 Turn ½ to left, touch right to right side
29-30 Cross right over left, turn ¾ to left sweeping left foot as you finish the turn
31&32 Cross left behind right, step right to right side, cross left over right

REPEAT

TAG

At end of third wall

BRUSH HITCH STEP, KICK & ROCK &, WALKS FORWARD, ROCK & CROSS

1&2 Brush right forward, hitch right next to left, step right slightly back
3&4& Kick left forward, cross left over right, rock right back, recover weight to left
5-6 Walk forward right, left
7&8 Rock right to right side, recover weight to left, cross right over left

TOUCH, TOUCH WITH ¼ TURN, ½ PIVOT, MAMBO, MAMBO WITH ¼ TURN

9&10 Touch left to left side, turn ¼ to left bringing left next to right, touch left back
11-12 Step left forward, pivot ½ to right recovering weight to right
13&14 Rock left forward, recover weight to right, step left next to right
15&16 Rock right back, recover weight to left, turn ¼ to left bringing right next to left, weight ends on left to go back into dance