

Sounds Of Silence

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tony Wilson (USA)
音樂: The Sounds - Alan Jackson



STEP, TOUCH CROSS, SIDE & CROSS, SIDE BEHIND, SIDE & CROSS

1 Step left forward
2-3 Touch right to side, step right across left
4&5 Step left to side, step right back, step left across right
6-7 Step right to side, step left behind right
8&1 Step right to side, step left back, step right forward across left

½ TURN, ROLL, COASTER, SKATE RIGHT, LEFT, SKATE RIGHT ¼ TURN

2-3 Pivot turn ½ left with weight forward on left, roll back to put weight on right
4&5 Step left back, step right next to left, step left forward
6& Skate right forward, twist right heel to the right
7& Skate left forward, twist left heel to left
8&1 Skate right forward, turn ¼ left, step forward with left

ROCKS, ROCK ¼ TURN, SHUFFLE, ROCK ¼ TURN

2-3 Rock back on right (hips back), rock forward on left (hips forward)
4&5 Rock step right to side turning ¼ left, step left slightly back, step right forward
6&7 Shuffle forward left, right, left
8&1 Rock step right forward, step left slightly to side, turning ¼ right step right back

SHUFFLE, ROCK ½ TURN, FULL TURN, STEP RIGHT, LEFT

2&3 Shuffle forward left, right, left
4&5 Rock step forward on right, recover weight onto left, turning ½ right step right forward
6-7 Turn ½ right on ball of right stepping left back, turn ½ right on ball of left stepping right forward
8& Step left forward, step right next to left

REPEAT

TAG

For Alan Jackson's music and once only after the 3rd repetition, before starting the dance again, add 4 counts

1-2 Step left forward, touch right to side
3&4 Step right across left, step left to side, step right back