

Soul-Cha

拍數: 48 牆數: 4 級數: Beginner
編舞者: Lesley Clark (SCO) & Lynn McKenzie (UK)
音樂: How Much Longer - Johnny Rawls



STEP TOGETHER, CHA-CHA-CHA

1-2 Step right to right side, step left beside right
3&4 Step right, left, right (cha-cha-cha)
5-6 Step left to left side, step right beside left
7&8 Step left, right, left (cha-cha-cha)

STEP FORWARD, TOUCH, CHA-CHA-CHA

1-2 Step forward right, touch left beside right
3&4 Step back left, right, left (cha-cha-cha)
5-6 Step back right, touch left beside right
7&8 Step forward left, right, left (cha-cha-cha)

STEP PIVOT ½ TURN, CHA-CHA-CHA

1-2 Step forward right, pivot ½ turn left, while touching left beside right
3&4 Step forward left, right, left (cha-cha-cha)
5-6 Step forward right, pivot ½ turn left, while touching left beside right
7&8 Step forward left, right, left (cha-cha-cha)

LOCK STEPS, CHA-CHA-CHA

1-2 Step forward right (slightly diagonal), lock left behind right
3&4 Step forward right, left, right (cha-cha-cha)
5-6 Step forward left (slightly diagonal), lock right behind left
7&8 Step forward right, left, right (cha-cha-cha)

KICK-BALL CHANGE WITH ¼ TURN, CHA-CHA-CHA

1&2 Kick right foot forward, step on ball of right, step left in place while turning ¼ turn left
3&4 Step right, left, right (cha-cha-cha)
5&6 Kick left foot forward, step on ball of left, step right in place while turning ¼ turn left
7&8 Step left, right, left (cha-cha-cha)

3 TIMES ¼ TURN LEFT, SIDE STEP, TOUCH

1-2 Step right ¼ turn left, touch left beside right
3-4 Step left ¼ turn right, touch right beside left
5-6 Step right ¼ turn left, touch left beside right
7-8 Step left to left side, touch right beside left

REPEAT