

Soul Shaker

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Letha Blackford (USA) & Kimi Long
音樂: Soul Shaker - Big & Rich



SYNCOPATED JAZZ BOX WITH ¼ TURN, POINTS

1-2 Step right foot over left foot, step back on left foot making ¼ turn to right
3&4 Step right foot to right, step left across right, step right foot to right
5-6 Point left foot forward, point left foot back
7-8 Point left foot to the left, touch left foot next to right foot

¼ TURN RIGHT, ¼ TURN RIGHT, LEFT SAILOR, RIGHT SAILOR

1-2 Step left foot forward, make ¼ turn to the right (weight on right)
3-4 Step left foot forward, make ¼ turn to the right (weight on right)
5&6 Step left foot behind right, right to right, left beside right
7&8 Step right foot behind left, left to left, right beside left

STOMP, STOMP, MODIFIED LEFT MONTEREY TURN

1-2 Stomp left foot forward, hold
3-4 Stomp right foot forward, hold
5-6 Point left foot to left, ½ turn left backwards stepping left next to right
7-8 Point right foot to right, touch right next to left

WALK, SYNCOPATED LEFT SIDE ROCK, WALK BACK, SYNCOPATED RIGHT SIDE ROCK

1-2 Walk forward right, walk forward left
3&4 Walk forward right, quick rock left foot to left, recover on right foot
5-6 Walk back left, walk back right
7&8 Walk back left, quick rock right foot to right, recover on left foot

REPEAT

RESTART

Restart on wall 5 after 24 counts & repeat dance until end of song
