

Soul Of A Sailor

COPPERKNOB
BY SHEPHERD

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Noel Bradey (AUS)
音樂: Soul of a Sailor - Kenny Chesney



¼ FORWARD, FORWARD, ½ PIVOT, SIDE, BEHIND, ¼ FORWARD, FORWARD, BACK, CROSS, BACK, ½, FORWARD, ¼ PIVOT

- 1 Turn ¼ turn right stepping right forward (3:00)
2&3 Step left forward, pivot turn ½ turn right, step left to left dragging right heel (9:00)
4&5 Cross/step right behind left, turn ¼ turn left stepping left forward, rock/step right forward (6:00)
6&7 (Traveling back on left diagonal) step left back at 45 degrees, cross/step right over left, step left back at 45 degrees (6:00)
&8& Turn ½ turn right to step right forward, step left forward, pivot turn ¼ turn right (weight right) (3:00)

CROSS, REPLACE, BALL, CROSS, FULL UNWIND, CROSS, REPLACE, BALL, ¾ UNWIND

- 1-2 Cross/rock left over right, replace weight to right
&3-4 Step on ball of left beside right, cross/touch right over left, unwind full turn left (weight left) (3:00)
5-6 Cross/rock right over left, replace weight to left
&7-8 Step on ball of right beside left, cross/touch left over right, unwind ¾ turn right (weight right) (12:00)

BALL, BEHIND, ¼, ¼, BEHIND, SIDE, ½, ¼ SAILOR, ¾ SAILOR

- &1&2 Step on ball of left beside right, cross/step right behind left, turn ¼ turn left stepping left forward, turn ¼ turn left stepping right to right side dragging left (6:00)
3&4 Cross/step left behind right, step right to right side, turn ½ turn right stepping left to left dragging right (12:00)
5&6 Cross/step right behind left, turn ¼ turn right stepping left to left, replace weight to right (3:00)
7&8 Turning ¾ turn left cross/step left behind right, step right to right, replace weight to left (6:00)

OVER, SIDE, BEHIND, ¼ SWEEP, BEHIND, SIDE, CROSS, TOUCH SIDE, SWEEP BEHIND, SWEEP BEHIND, SAILOR STEP

- 1&2& Cross/step right over left, step left to left, cross/step right behind left, sweep left around into a ¼ turn left (3:00)
3&4& Cross/step left behind right, step right to right, cross/step left over right, touch right toe to right side
5-6 Sweep/step right to behind left, sweep/step left to behind right
7&8 Cross/step right behind left, step on ball of left to left, replace weight to right

BEHIND, REPLACE, SIDE, ½ HINGE, SIDE SHUFFLE, CROSS, ¼ TURN, BACK, COASTER

- 1&2 Cross/rock left behind right, replace weight to right, step left to left side
&3&4 Hinge turn ½ turn right stepping right to right, cross/shuffle, left over right, step right to right, left over right (9:00)
5&6 Cross/step right over left, turn ¼ turn right stepping back on left, step right back (12:00)
7&8 Step left back, step right beside left, step left forward

FORWARD, REPLACE, BESIDE, TOUCH BACK, ½ REVERSE PIVOT, 2 X SYNCOPATED PIVOTS, SAILOR STEP, BESIDE

- 1-2&3-4 Rock/step right forward, replace weight to left, step right beside left, touch left toe back, reverse pivot turn ½ turn left (weight left)
&5&6 Step right forward, pivot turn ½ turn left, step right forward, pivot turn ½ turn left (6:00)

7&8 Cross/step right behind left, step on ball of left to left, replace weight to right
& Step on ball of left beside right

REPEAT

RESTART

On wall 3, dance to count 8 (you will be facing 12:00). Start again

TO FINISH

You will be on wall 7. Dance to count 27 and sweep around without the $\frac{1}{4}$ turn (you will be facing front)
Dedicated to Lynny Wong who has looked after the soul of many a sailor!
